



Self-Stem Cell Therapy

By Dr. Donna F. Smith

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By Dr. Donna F. Smith

IMPORTANT WORD FROM DR. SMITH PLEASE READ FIRST

For years, I have been waiting and watching for the formulation of the whole food therapeutic grade plant supplement that would provide what the body requires to grow stem cells, and I found it! In this article, I refer to it as **“Self-Stem Cell Therapy”** and this document provides information on its ingredients, purposes and benefits.

And more good news is its formulation is effective for both therapeutic (clinical) use; hence, the term **“Self-Stem Cell Therapy,”** AND yet it is safe and effective for health maintenance purposes, also.

This is something rarely possible as potency levels of supplements require formulations for clinical use, which is distributed through doctors, like myself, OR maintenance use, which is sold directly to the public, either online or over-the-counter.

You will clearly understand how unique this is if you have read my article on the ***“Three Ways Supplements Are Manufactured Today,”*** which also defines the difference between therapeutic and maintenance supplements.

However, for clarity and brevity’s sake, I will share the following:

In the medical industry, there are two types of pharmaceutical drugs. 1) high potency, prescribed drugs and 2) low potency direct sale drugs sold in pharmacies and online; the same applies to the nutrition industry, except we do not have external Nutritional Pharmacies. In other words, my article explains that there are three ways the following two types of supplements are manufactured:

1. Therapeutic supplements: High-potency supplements formulated for clinical use and dispensed through Nutritional Professionals, based on abnormal nutritional test values from testing your biochemistry (blood,



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urine, hair, saliva and stool), to restore health and reverse disease processes.

2. Maintenance supplements: Low-potency supplements formulated to maintain health (i.e., your current level of health) and prevent future disease.

Therefore, it is not common to find a therapeutic supplement that is also safe for maintenance.

And many people are purchasing direct sale supplements from stores, pharmacies and online trying to treat “clinical level” health conditions with low-potency supplements formulated for maintenance use, not clinical use.

This results in a cupboard full of unfinished supplement bottles and delays in getting to the cause of their health challenges. And on top of this, because they do not understand the three ways supplements are manufactured, they are often purchasing Nutritional Drugs, that are marketed as supplements, but not whole food supplements.

Though the research and development of **Self-Stem Cell Therapy** supplement spans years, it has only been available in the U.S. since December 10, 2020.



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INTRODUCTION

Therefore, I have written this article to share the....

***Greatest Unprecedented, Biochemical Technological Breakthrough
in the last 100 years called, Self-Stem Cell Therapy.***

Question?

If there was a chance to biologically reverse your age, would you want to know about it?

And if there was a chance for your body to improve age-related health issues, would you want to know about that too?

If the answer is yes – then I have the answer, based on science that has been studied for over 50 years. It contains specific raw plants in the right combinations through quantum physics to make the most dynamic impact on the blood.

Why the Blood? Because, as you may know, ingested liquids, chewed food, supplements, pharmaceutical drugs and their toxins (food additives, chemicals, etc.) enter the stomach so that the digestive system can convert the nutrients into a biological chemical substance that will enter the blood stream for transportation to the cells, which the cells use to nourish, repair (heal) and maintain optimal health and function of your cells, tissues, organs, glands and body systems.

The blood also does its best to transport toxins to the elimination organs (liver, kidneys, intestines, hair, skin and other body opening); however, what is not eliminated, gets embedded in tissue and, in time, becomes sources of inflammation (pain).



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So, our **Self-Stem Cell Therapy** supplement nourishes the blood with the nutrients from over 40 high frequency plants to:

- Open and improve blood circulation, even micro-circulation.
- Boost the immune system to remove old (aged), injured, decaying, dying and dead cells.
- These high frequency nutrients neutralize the low frequency toxins (chemicals, metals, germs, worms, metabolic by-products, etc.) and helps remove them from the body.
- Stimulates stem cell production so the body will grow new healthy cells, which reverses the aging process.
- And more!!! Read on....

Proof that this raw plant food is the answer to age reversal comes from an independent 3rd party government-accredited Laboratory, **Telomere Diagnostics Incorporated (TDI)**. Scientists at this Lab was awarded the Nobel prize for their 10-year anti-aging research on Telomeres.

TDI performed 1500 tests on the biochemical technology of our plant food product and their emblem, TeloYears, is on the case studies as validation. Nine of these 1500 tests are included in this article for your review.

Their Telomere Length testing results proved that our **Self-Stem Cell Therapy** supplement was capable of reversing biological age by 5-30 years.

Your chronological age indicates the number of years that you have been living on Earth, but your Biological Age represents the internal age of your cells, tissue, organs, glands and body systems.

For example, as you will see in the **Telomere Length Test** results included in this article, a client's chronological age may be 70, but their internal biological age is 58 years. In other words, inside they have the body of a 58-year-old, though they have lived on Earth for 70 years. ***How would you like to have a 70-year-old body, but look and feel like someone in their 50's because internally you are in your 50's?***



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Self-Stem Cell Therapy ... the only Reverse Aging supplement of its kind in the World with documented scientific proof.

It is truly the Greatest Unprecedented, Biochemical Technological Breakthrough in the last 100 years!

WHAT ARE STEM CELLS?

A Stem Cell is defined as an “undifferentiated cell of a multi-cellular organism, which is capable of giving rise to indefinitely more cells of the same type, and from which certain other kinds of cell arise by differentiation, according to Wikipedia.

Stem cells that can differentiate into other types of cells, can also divide in self-renewal to produce more of the same type of stem cells.

In other words, Stem cells are mother cells that have the potential to become any type of cell in the body. One of the main characteristics of stem cells is their ability to self-renew or multiply while maintaining the potential to develop into other types of cells. Stem cells can become cells of the **blood, heart, bones, skin, muscles, brain** etc.

Stem cells, that divide in self-renewal to provide the same type of stem cells, are essential in recovering from injury-related accidents as cells are regenerated to replace the damaged ones.

Stems cells are also essential in reversing the aging process, not just slowing it down, but literally, reversing it.

Stem cells are essential to improving the health of every cell and tissue of the body, therefore, this is foundational to improving over-all health, maintaining health, preventing and/or reversing disease processes.

Telomerase is active in normal stem cells.



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WHAT IS A TELOMERE/TELOMERASE?

Telomeres protect the ends of our chromosomes by forming a cap, much like the plastic tip on shoelaces. If the telomeres were not there, our chromosomes may end up sticking to other chromosomes.

Every time a cell carries out DNA replication, the chromosomes are shortened by about 25-200 bases (A, E, G or T) per replication. However, because the ends are protected by Telomeres, the only part of the chromosome that is lost, is the telomere, and the DNA is left undamaged.

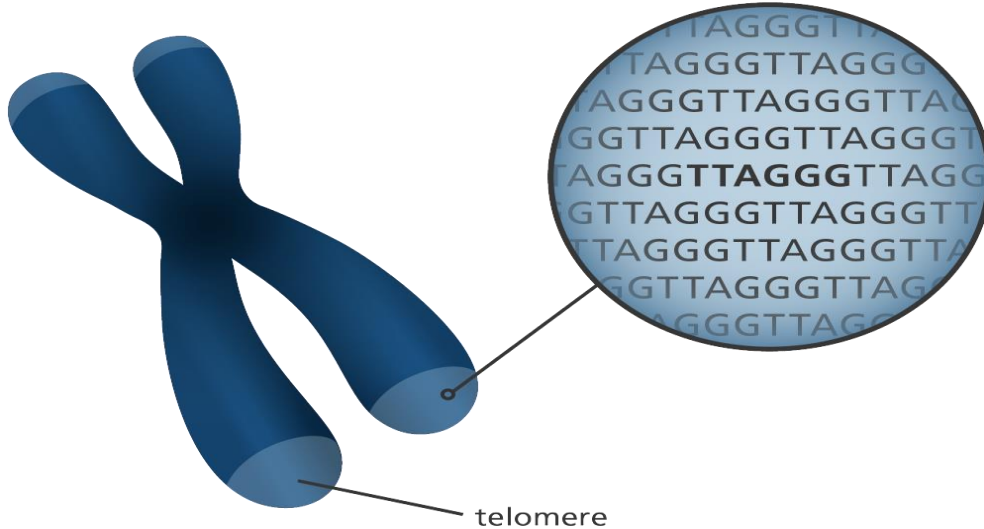
Without Telomeres, important DNA would be lost every time cells divide (which is usually about 50-70 times).

Also, Telomeres protect the terminal regions of chromosomal DNA from progressive degradation and ensure the integrity of linear chromosomes by preventing DNA repair systems from mistaking the very ends of the DNA strand for a double strand break.

Telomeres help prevent genes from being lost in this process. But this means that as your chromosomes replicate, your telomeres shorten. That's where an enzyme called telomerase comes in. It is found in certain cells and helps prevent too much wear and tear. This includes shortening of your telomeres.

Telomerase is active in normal stem cells.

Telomerase is an enzyme that adds the TTAGGG telomere sequence to the ends of chromosomes. The action of telomerase allows cells to keep multiplying and avoid aging.



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In young humans, **telomeres** are about **8,000-10,000** nucleotides long. They shorten with each cell division, however, and when they reach a critical length, **the cell stops dividing or dies.** This becomes a contributing factor to aging, developing disease and poor recovery from injuries and premature death.

Nucleotides are organic molecules consisting of a nucleoside and a phosphate. They serve as monomeric units of the nucleic acid polymers deoxyribonucleic acid (DNA) and ribonucleic acid (RNA), both of which are essential biomolecules within all life-forms on Earth. Nucleotides are obtained in the diet and are also synthesized from common nutrients by the liver.

Therefore, the key to reversing the aging process, not just slowing it down, but actually reversing it, lies in the length of your Telomeres, i.e., growing longer Telomeres.

Remember when your Telomeres reach a critical (shorter) length, the cell stops dividing or dies. This is at the core of why some people are told the damage they have suffered from an injury or long-term disease is permanent. Because without longer Telomeres, the injury or disease-related cells cannot regenerate, divide, replicate and multiple. Thereby, replacing disease (damaged, decaying, dead) cells and/or injured (damaged, dead) cells with healthy new ones.

Therefore, wouldn't you agree that increasing your Telomere length could not only reverse your aging process, but it may also be essential to help restore the cellular and tissue damage from injuries and any disease, for that matter, no matter its origin?

Now, let's look at the Nobel Prize Winners who researched and validated the information in this article.



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NOBEL PRIZE WINNING RESEARCH

Alexei Olovnikov (Early 1970's)

In the early 1970s, Russian theorist Alexei Olovnikov first recognized that chromosomes could not completely replicate their ends. Building on this, and to accommodate Leonard Hayflick's idea of limited somatic cell division, Olovnikov suggested that DNA sequences are lost every time a cell replicates until the loss reaches a critical level, at which point cell division ends.

Elizabeth Blackburn, Carol Greider and Jack Szostak (2009)

In 1975–1977, Elizabeth Blackburn, working as a postdoctoral fellow at Yale University with Joseph G. Gall, discovered the unusual nature of telomeres, with their simple repeated DNA sequences composing chromosome ends. Blackburn, Carol Greider, and Jack Szostak were awarded the 2009 Nobel Prize in Physiology or Medicine for the discovery of how chromosomes are protected by telomeres and the enzyme telomerase.

Barbara McClintock (1983)

In 1983, Barbara McClintock, an American cytogeneticist and the first woman to receive an unshared Nobel Prize in Physiology or Medicine, received the Nobel Prize for observing that the chromosomes lacking end parts became "sticky" and hypothesized the existence of a special structure at the chromosome tip that would maintain chromosome stability.



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HEALTH CONDITIONS AFFECTED BY SHORTER TELOMERES

According to scientific research, telomere shortening may contribute to aging and age-related conditions. Telomeres are segments of DNA found at the ends of chromosomes. They can be prematurely shortened when exposed to environmental chemicals, oxidation, inflammation, and stress. This leads to DNA damage and contributes to early cell death.

Shorter telomeres have been associated with cardiovascular disease, inflammatory disorders, metabolic syndrome, diabetes, cognitive decline, and other chronic degenerative conditions associated with aging.

Inflammation is associated with aging and telomere shortening. Telomeres become shorter after each cell division until eventually chromosomal DNA reaches a critical point at which the cell can no longer divide (known as the Hayflick limit). The loss of this protective telomere “armor” renders DNA vulnerable to damage and may result in an individual’s increased risk for accelerated aging and associated health conditions.

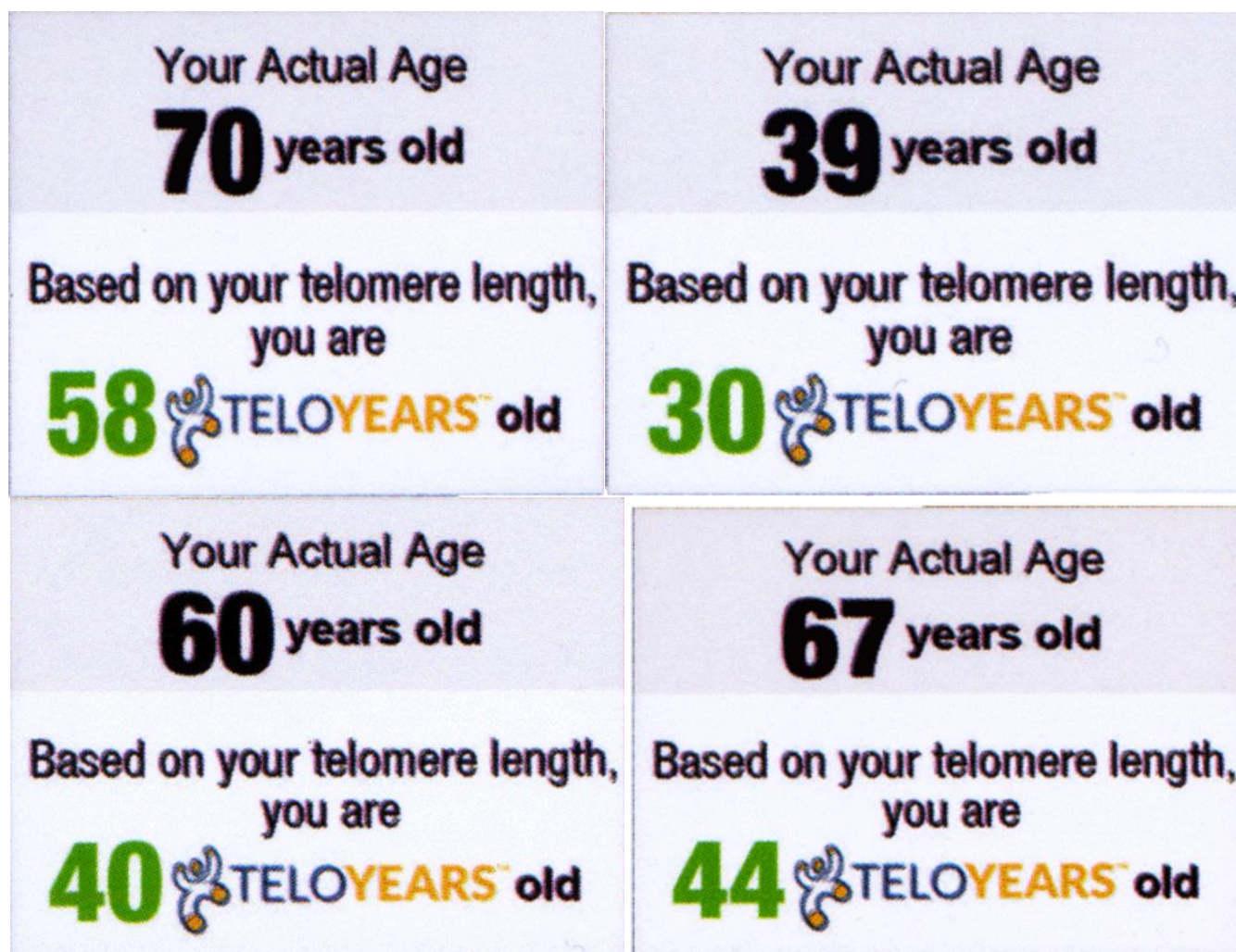
When telomeres are maintained, then termination of cell division (senescence) and programmed cell death (apoptosis) can be delayed.



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TELOMERE LENGTH and BIOLOGICAL AGE TEST RESULTS





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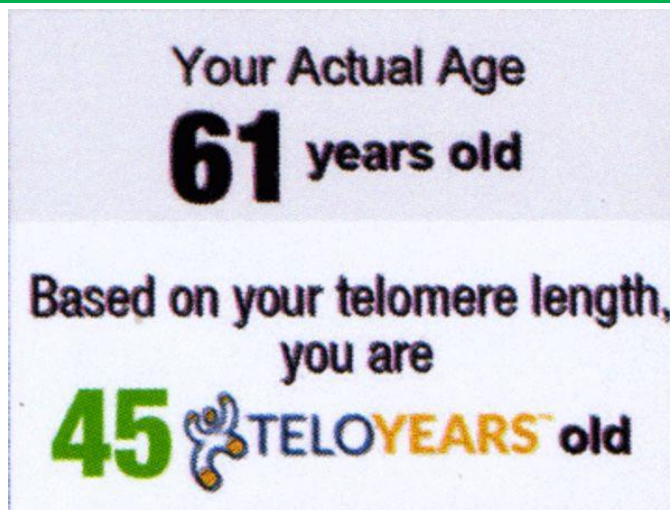
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Your Actual Age 66 years old Based on your telomere length, you are 48  TELOYEARS™ old	Your Actual Age 68 years old Based on your telomere length, you are 44  TELOYEARS™ old
Your Actual Age 30 years old Based on your telomere length, you are 25  TELOYEARS™ old	Your Actual Age 53 years old Based on your telomere length, you are 37  TELOYEARS™ old



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Note: Results may vary depending on health issues, lifestyle choices, compliance and usage.

If this is possible regarding aging, and the above scientific testing proves it is, can you imagine the effect on damaged and decaying cells and tissue from injuries (caused by accidents, abuse or war), auto-immune diseases and other illnesses and conditions caused by the inflammatory processes, including degenerative, age-related diseases?

ABOUT TELOMERE DIAGNOSTICS INCORPORATED (TDI)

The research provided in this document has been based on using the TeloYears test. TeloYears is a telomere length measurement DNA test offered by **Telomere Diagnostics Incorporated (TDI)**, Menlo Park, California.

The test results above were conducted in the company's own highly-certified laboratory, using proprietary, unique testing methods, and performed by a team led by 2009 Nobel Prize laureate, Dr. Elizabeth Blackburn. Please note that TeloYears tests both the Telomere Length and Biological years; however, at this time, TDI is not providing the TeloYears tests due to the Governor of the State of California mandating that the Lab focuses on providing only COVID-19 testing until this crisis has passed.



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WHERE THE RESEARCH AND FORMULATION BEGAN

The major step in understanding aging and related illnesses was represented by the creation of the INSTITUTE OF GERONTOLOGY in the mid-1950s, located in Bucharest, Romania.

The worldwide known Professor Dr. Ana Aslan became the Director of that institute and remained its leader for more than four decades. The “secret” of increased longevity was properly demonstrated on countless cases.

The major achievement represented the controlled reduction of inflammation. The best anti-inflammatory product used at that time, GEROVITAL, used Procaine as the base, but in a better form.

Then came the development of the “**original plant formulation**,” using an improved, much safer technology, as the answer for the body’s understanding of how to utilize anti-inflammatory properties.

The European scientists, after many years of research and tests, were able to completely eliminate all man-made molecules -- so a safe, effective, 0-side effects with “0.00% synthetic composition product” was created. The effects of inflammation on the human body have been well-known and debated for decades. **ANY pain in the body is a direct result of inflammation**; though there are different causes for that inflammation. **Remove inflammation and pain goes away.** A safe natural anti-inflammatory looked like a dream, but now it became a reality.

THERE IS NO SAFE SYNTHETIC ANTI-INFLAMMATORY “DRUG!”



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Then for eight years, 4,000 doctors treating 300,000 patients, drawing blood every three months, clinically observed no contra-intra-indications, negative side effects nor allergic reactions.

Since its availability in the U.S. in 2018, this “original formulation” has also showed the same successful results among Americans.

**What are the most important nutrients for your body? The answer is...
the ones you do not receive today through your diet or supplements!**

THE NEXT STEP to avoid fast-aging (and that led to this Breakthrough) came up in 2009 when these three researchers were awarded the NOBEL PRIZE for using DNA Testing (on Telomeres) for biological age evaluations, which demonstrated or gave more proof to the “biological age reversal” developed also by the European scientist using Self-Stem Cell Advanced Techs.

If **this original formulation** acts like a toxin neutralizer that allows the body to diminish inflammation throughout the entire body, then the new technology SSC ADVATECHS made a BIG STEP forward by activating the immune system to eliminate the “faster aging cells” at a higher rate. This way, the “biochemical signal” triggers or signals the need for the stem cells to replace the faster aging cells.

THE FINAL STEP was achieved by a powerful computerized system that formulated the “perfect nutritional support” for the new, healthy stem cells to grow and to replace the old, fast aging cells. Many of the “traditionally used plants for longevity” were intensively studied as well.

**Thus, from the original formulation came...
the formulation of our Self-Stem Cell Therapy Supplement!**

**And more good news!
The ingredients in the original formulation are included in our
Self-Stem Cell Therapy Supplement!**



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Our **Self-Stem Cell Therapy supplement** is based on the ultimate, most advanced nutritional support using a computer assisted combination of plant extracts (partial extracts). This product offers a safe way for a longer life.

Obviously, all devastating, debilitating illnesses are directly related to early age inflammation and impaired microcirculation due to fast aging cells and most neurological issues should first be treated as inflammation and circulatory system issues. Therefore...

***Self-Stem Cell Therapy is also a major breakthrough
in age-related health issues!***



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ABOUT THE SELF-STEM CELL THERAPY SUPPLEMENT INGREDIENTS

There are about ten thousand substances in nature and about 400 are good for the human body. This science is based upon the top 10% of these 400 and includes nutrients no longer available in our current food supply.

Self-Stem Cell Therapy is formulated from a highly engineered, computer driven technology, gleaned data from five Nobel Prizes in Science with research and development dating back to WWI.

At 1:150 million ratios of variables, this supplement is totally secure and safe from reverse engineering.

Because it contains absolutely no synthetics or chemicals, with no chance of drug interactions or reactions, and no allergic reactions. It is completely safe from for people of all ages, from infants to the elderly, even safe if on one's death bed!

All plants used are considered safe on all three major institutions' safety lists: Harvard Pharmacopoeia List, the GRAS List, and the FDA "approved as safe" list.

TO BE CLEAR.....

To be clear the "Original Formulation" and our Self-Stem Cell Therapy are not the same supplement. They are two separate supplements. However, our Self-Stem Cell Therapy includes the ingredients that are in "original formulation" PLUS the plants for age-reversal.

Note: With the shipment of your first order of this amazing Self-Stem Cell Therapy supplement, a list of the actual 40+ plants will be provided, along with dosage and other special instructions.



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BENEFITS

If you had a science-based formulation of specific plant foods, where your body could receive the nutrients, it needed to do the following, would you be interested?

- Improve micro-circulation.
- Promote the anti-inflammatory process.
- Grows (regenerates) new stem cells.
- Stimulate and restore stem cells.
- Grow Telomeres on DNA to actually reverse aging.
- Provide ongoing Telomere support with continued use.
- Activate the immune cells to eliminate faster aging cells at a higher rate.
- Rid the body of the cause of aging and the aging cells.
- Grow new cells that can live longer.
- Neutralizes toxins within the body.
- Reverses the cause of aging and age-related issues
- Provide nutrients no longer available in our food supply.

I said, “Yes! Did you?”

Clients report one or more the following experiences from the above benefits.

- Faster injury recovery.
- Faster muscle growth.
- Increased Stamina and Enhanced Endurance.
- Enhanced Cognitive abilities.
- Hormonal Balance and Menopause Symptom Relief.
- Better Skin and Nails.
- Biological Age Reversal Possibilities.
- Balanced blood sugar and blood pressure.
- To name a few.



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WHAT DOES AGE-RELATED MEAN?

In the medical and health care industries, the term “age-related” has come to mean any symptom, illness, condition, disorder or disease that generally presents itself in the elderly, i.e., people 60 years or old. And because this is what the general public still believes, I will continue to use the term “age-related” for this meaning in my articles.

However, today, people from young to old are experiencing so-called age-related symptoms, illnesses, conditions, disorders and diseases. So, what does “age-related” really mean?

If not inherent or caused by an injury (accidental, abuse or war), all other causes of all symptoms, illnesses, conditions, syndromes, disorders or diseases are long-term nutrient deficiencies (or excesses) and toxicity (chemicals, metals and other toxins ingested or exposed to in our air, water, food, drugs and environment), regardless of age.

The more deficiencies, excesses, and toxicity you have, the faster you will age!

As people become older, year after year, their body continues to experience accumulative, deeper and more severe nutrient deficiencies and excesses, and toxicity. So obviously a person who has lived for 60 years, or more, is going to have a much faster rate of aging than someone between the age of 30 and 50, and they in turn, are going to have much faster rate of aging than someone under 20 years of age.

That is, unless you are proactive and get tested for and correct your nutrient deficiencies/excesses, and toxicity, through Clinical Nutrition Testing and Therapeutic Services, like what we provide at **Advanced Clinical Nutrition**.

Throughout our existence, many generations have experienced some level of nutrient deficiency (aka malnutrition) from times of failed harvests to the Depression years. However, what has accelerated the aging process and age-related (if you want to call it that) symptoms, illnesses, conditions, syndromes, disorders or diseases today is Toxicity. From chemicals and other pollutants in our air, water, foods, drugs and environment, we



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are inundated with toxins. We live in a much more toxic environment than our parents, our grandparents and those who came before them.

So, the term “age-related” today should either have a different meaning or even better, be eliminated from our vocabulary. From having analyzed the biochemistry of thousands of clients, I have observed that age-related symptoms, illnesses, conditions, disorders and diseases do not exist, because anyone can experience the adverse health effects from nutrient deficiencies, excesses and toxicity **no matter what their age.**

So, from everything I am providing here about our **Self-Stem Cell Therapy**, it should be apparent that no matter what your age, **Self-Stem Cell Therapy** is the ideal best next step in your current efforts in improving your health and reversing your aging process.

SCIENTIFIC PROOF

Though we have the research from Nobel Prize winners backing this Self-Stem Cell Therapy supplement, if you want to prove to yourself (like I did) it helps your body heal, in addition to the symptomatic improvement you will experience, I recommend that you contact me for a Clinical Nutrition Analysis of the Laboratory Report from testing your own blood chemistry before starting it and then five months later, be retested and you will be amazed at the difference. This applies to any other biochemical test, such as hair, urine, saliva, and stool.

Otherwise, if you are satisfied with the results in this article from the above Nobel Prize winning researchers, and not interested in verification from your own improved biochemical testing, feel free to contact me when ready to purchase our Self-Stem Cell Therapy supplement.



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TESTIMONIES

While reading these testimonies, keep in mind that **our Self-Stem Cell Therapy supplement** has only been available since December 10, 2020, though its research and the “original formulation” that is also part of our **Self-Stem Cell Therapy** supplement goes back to WWI.

And because the majority of people suffering today are 60 years or older, this is the age group currently seeking stem cell research and solutions, so most of the following Testimonies below are from clients in this age group.

However, as more referrals come from other clients and from you sharing your testimony with the people you care about, no matter what their age, we will soon have testimonies from the younger generation.

The seven people who provided these Testimonies started our Self-Stem Cell Therapy on various dates following its arrival in the U.S. and Canada, i.e., from December 10, 2020 to the end of April, 2021.

So, you can see how quickly people are experiencing results.

Frailty And Weakness Disappearing!

“After only 2 days of the **Self-Stem Cell Therapy supplement**, symptoms of weakness and frailty disappeared and my core strength is returning, which is just astounding.”

TR, 74y, Australia

Consistent Health Improvements!

“It's been only one month of taking the **Self-Stem Cell Therapy supplement** and I am so excited I just can't hide it any longer! The progress I am noticing on my body is remarkable. I am able to move with ease, I am feeling flexible and able to work out with weights again! :-)) I can do squats and my arthritic pains are subsiding. Hooray!! After just 7 weeks using the **Self-Stem Cell Therapy supplement**, my 63-year-old husband,



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who suffers from Rheumatoid and debilitating body issues, is showing signs of improvement.” GT 60y, Alberta Canada

New Hair Growth!

“Circulation noticeably improved in first 2-3 weeks! Ankle pain and swelling reduced so I am more active and loving it. Veins on back of hands smaller! My husband shows new hair on arms, eyebrows and it's darker, and much better overall skin texture. Increased vitality, as we both have smaller appetites, which leaves more time to focus on creative projects instead of eating! Even less sleep is required. We are so pleased with these results from the **Self-Stem Cell Therapy supplement.**” RK 83y / MK 72y, Belize

Walking Again! Thanks To The Self-Stem Cell Therapy Supplement

“I sent the **Self-Stem Cell Therapy supplement** to my 90-year-old Dad in Brazil. He was with pneumonia and kidney failure. He stopped talking and walking and was in very bad condition. Since taking it, he is now at home and he just started walking again! I’m so grateful we have the **Self-Stem Cell Therapy supplement.**” VA, Oregon

Reverse Aging Is Apparent!

“My husband D, 93 years, and I am 85. We have been on the **Self-Stem Cell Therapy supplement** since 12/28/20. He has snow white hair but now is getting reddish brown streaks, and I have brown roots coming in my white hair! My memory has significantly improved. My massage therapist tells me that the skin on my back and legs has become firmer and clearer of spots and bumps. D's back has fewer moles and large brown bumps. His naked figure is looking slimmer. In the last 5 years, D has lost over 100 lbs. and was looking saggy and baggy, which is now beginning to firm up. I too, have lost weight and my saggy belly flap is firming up. I have been a singer at church all my life and the **Self-Stem Cell Therapy supplement** has healed my vocal cords and raised my volume and increased my upper range. Hooray for the **Self-Stem Cell Therapy supplement!!!!**
JP 85y & D 93y, Texas.



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**To order our Self-Stem Cell Therapy supplement,
contact me at (940) 761-4045 right away!**

ABOUT DR. SMITH

Dr. Donna Smith has a Ph.D. in Clinical Nutrition, is a Doctor of Naturopathy (N.D.), a Board Certified Clinical Nutritionist (C.C.N.), Certified Dietitian-Nutritionist (C.D.N.), and a Canadian Chartered Herbalist (C.H.).

Dr. Smith is also a Free Lance Nutritional Health Writer and has written over 100 articles for Internet and traditional magazines and newspapers, such as **The Villager**, a South Denver, Colorado, publication and the **American Chiropractic Magazine**, the **largest chiropractic magazine in the United States**. You may also request a list of her best-selling e-books in a variety of topics.

She is frequently invited to speak on NBC and ABC local networks, and at clubs, hospitals, universities and corporations on a variety of nutrition and health-related topics, such as, the national groups of scientists and biochemists at the **American Society of Clinical Laboratory Science (ASCLS)**, **International and American Associations of Clinical Nutritionists (IAACN)**, **Stephen F. Austin University**, **Midwestern State University**, Optimist Clubs, Toastmasters, Business and Professional Women's Club, Women Entrepreneurs, Worksite Wellness, American Heart Association, Parkinson's Group, and St Gobain Corporation, to name a few.

Dr. Smith owns **Advanced Clinical Nutrition (est. 1981)** in Wichita Falls, Texas, where she provides a **Clinical Nutrition Analysis or Interpretation of Laboratory Tests (blood, urine, saliva, stool and hair)** to identify Clinical and Sub-Clinical Nutritional Deficiencies and Excesses, Biochemical Imbalances, and Organ, Gland and Body System Dysfunctions, which are the stages the body progresses through first in the development of degenerative diseases. Correcting each of these preliminary stages is the key to reversing the disease process, restoring health and preventing future disease.

From the findings of these scientific Laboratory Reports, Dr. Smith designs and dispenses therapeutic, whole food supplements, available only through nutritional health care providers, and a Therapeutic Dietary Plan, which is a list of foods selected for their specific food chemistry effect on the individual's biochemistry as identified in their test results.



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Dr. Smith's Clinical Nutrition Services are also provided to **Healthcare and Fitness Providers**, who want to offer clinical nutrition services to their patients/clients, yet do not have the time or training to do so.

Clinical Nutrition Testing, Therapy, and Personalized Dietary and Lifestyle Education Services are provided by mail, e-mail and telephone consultations. A.C.N. clients save money as there are no in-office appointment fees, gas expense to/from appointments or time away from home or work for nutritional services. Lab Kits are mailed to the clients' homes, where they collect their specimen samples and then mails them directly to our Labs.

Dr. Smith has successfully assisted every client who has contacted her in how to improve their health, no matter what their health challenge, such as, but not limited to increasing energy, balancing hormones, improving mental function, strengthening muscles, joints, and immune system, restoring over-all organ/gland and body system function (including the hair system to restore its natural color), managing weight, preventing/reversing disease processes and enhancing life and/or sports performance.

Dr. Smith's clientele resides in 37 U.S. States and seven international countries.

For more information, to order a Clinical Nutrition Analysis of the Laboratory Reports from testing your biochemistry, including the Telomere Length Test, and to contact Dr. Smith, call (940) 761-4045. Meanwhile, please browse her website at www.AdvancedClinicalNutrition.com and while there subscribe to Dr. Smith's FREE Newsletter and read Free Articles by Dr. Smith. You may also follow her on www.linkedin.com/in/drdonnafsmith and www.Facebook.com/DonnaFSmithPhD.

DISCLAIMER AND AUTHOR'S INTENTIONS

Clinical Nutrition Disclaimer

Information is provided for nutritional education purposes only and not for the diagnosis or treatment of any medical condition, disorder or disease. Present laws indicate that the author must advise you to seek medical attention for your disease, if you have one. Choosing to do so, or not, is your constitutional right and you are ultimately the only person who is responsible for any decisions, risks or actions you take regarding the care of your mind and body.

Author's Intentions



Self-Stem Cell Therapy

By Dr. Donna F. Smith

This author's intention is to provide health care education from a nutritional biochemical and bioenergetic research and over 40 years of clinical experience, so you are equipped to make an informed decision regarding your health care. It is also the author's intention to help you understand the importance of Clinical Nutrition Testing and Therapy, which is foundational to identifying the nutrients the body requires to heal its cells and tissue and thereby, the organs, glands and body systems within all living beings, both human and animal. Because Public Health Education in the United States, is still focused on medical (drugs/surgery), not health (non-medical) education some of the information in this document may be new to you.

I write articles for my clients and the public so they are aware that there are healthier and safer options, than drugs and surgery. Options that actually get to the root causes of their health challenges, rather than just suppress symptoms and manage their disease. **In fact, you are not a fully informed patient, if you are only aware of your medical options.** Remember...

"There is No Cure" often just means... "Drugs and Surgery" Will Not Cure It!

The health of your cells determines the health of your body.

And

The quality (purity and nutrient richness) of your blood and ability to grow stem cells are foundational to your ability to heal and reverse age.

**FOR A FREE INQUIRY CONSULTATION TO DISCUSS YOUR
PARTICULAR HEALTH CONCERNS, FOR MORE INFORMATION
ABOUT THE CONTENTS OF THIS ARTICLE AND
TO ORDER CONTACT:**

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