

Drug Side Effects – Cause and Prevention (Part 2 of 2)!

To understand Part 2, I will quickly summarize the three key points of Part 1 in this 2-Part article series:

1) **Drug Side Effects** are symptoms and health conditions caused by nutrient depletion and toxicity from the chemicals and other toxic substances in drugs. People are taking multiple drugs today to treat the side effects caused by previously-prescribed drugs, some of which they may still be taking. Thus, creating more and more new symptoms and conditions for themselves AND making previous conditions worse. However, because drugs are formulated to suppress symptoms and manipulate biochemistry, they may think each new drug is making them better.

2) **Drug Side Effect Prevention includes:** A) Limiting drug use (prescribed or over-the-counter) to the original “short-term” purpose for which they were formulated, and that is: “Life-Threatening Emergencies” and B) Using Clinical Nutrition to provide the therapeutic nutrients the body requires to actually heal itself by correcting the nutrient- and toxicity-related causes of all other symptoms and conditions that are currently not life-threatening.

3) Also, in Part 1, I defined what **Life-Threatening Emergencies** are because, today,

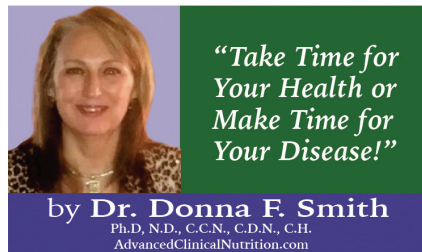
many people are taking drugs for nutrient- and toxicity-related symptoms and conditions that are not currently life-threatening, but, in time, their long-term use of drugs will make them life-threatening and may even cause irreparable damage. (See Outcome #2 below)

Now to continue with Part 2:

ON LONG-TERM DRUG THERAPY NOW? #1 and #2 below represents the Clinical Nutrition outcome for clients, who are on long-term drug therapy when they first contact me, even those who say, **“Because there is no cure, I know I will always suffer the symptoms from and/or have to take drugs for this area of my body and/or this Diagnosis!”**

[Remember the scientific fact I shared in *“Why I Write Articles for You – My Story!”* (Villager, 05/20/21, P16): “There is No Cure or No Known Cure often just means Drugs and Surgery will not cure it.”] Because the human body is innately designed to heal itself of anything, when the nutrients it requires are provided and interferences to its healing processes are removed.

And this is evident by these same clients expressing their amazement when their symptoms begin improving within weeks after starting Clinical Nutrition Therapy, and in due time,



they are able to return to their physician for help in...

#1 – NO LONGER NEED DRUGS: ... weaning off their drugs when they shared: “Why continue taking drugs for symptoms and conditions I no longer have?! OR help in...

#2 – DRUGS THERAPY REDUCED: ...reducing the strength and/or frequency of any drug their body still requires.

For those in #2: though they experienced significant improvement in their symptoms, (even up to 100% symptom free), and their Clinical Nutrition Test results indicated their body had **“healed”** itself to the best of its ability, considering the severe state of health they were in when they started their Clinical Nutrition Therapy... because of their long-term drug use, they had developed drug dependency and/or there was some permanent cellular or tissue damage from injury, heredity, or long-term drug use that prevented the area of the body from **“completely”** healing itself.

However, even in these #2 cases, my clients were satisfied with their Clinical Nutrition Therapy, having received safe and effective health improvement, originally thought not possible. Thus, these clients continue their drug therapy at a reduced strength and/or frequency (which also means less nutrient depletion and toxicity) and receive ongoing therapeutic nutritional support for A) the weaker or partially-damaged area of their body to slow-down further deterioration and B) replenishing the drug-induced nutrient depletions and removing toxins caused from their reduced, but ongoing, drug therapy.

FOR BEST RESULTS: ADD CLINICAL NUTRITION THERAPY TO YOUR DRUG THERAPY! Whatever the reason for taking drugs, whether short- or long-term, your best health results will occur when you combine Clinical Nutrition Therapy with your Drug Therapy, for the reasons stated in this article, rather than using Drug Therapy alone.

Here is just one of many examples Why: When Claire started her Chemotherapy, I was contacted to provide Clinical Nutrition Therapy to support her biochemistry and, in doing so, she did not lose her hair, maintained sufficient energy, had less frequent and less severe nausea

and vomiting, and her physician said she was healing faster than his other patients (who were not in Clinical Nutrition Therapy).

NUTRITION FACT #19: When taking drugs for any reason, Clinical Nutrition Therapy is essential to replenish nutrients and to remove toxins; thereby, preventing both the development of new symptoms and conditions, as well as, making current conditions worse from Drug Side Effects.

For a copy of the above-referenced article, “Why I Write Articles for You – My Story,” you may refer to its past issue or Email: Villager@Advanced-ClinicalNutrition.com.

Subject Line: Why I Write.

Also, please call me for a **FREE Initial Consultation for help with the above!**

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