

Symptoms Are The Messengers, Not The Disease! (Part 4 of 4) (Symptom Free May NOT Mean You're Healthy)

In this Part 4 of 4, I answer #9 of 10 questions outlined in Part 1, regarding why your Symptoms are not the Disease, but “Messengers” of a biological system of communication from your cells to your Brain to motivate you to take the two action steps explained in Part 2 of 4:

- A. identify and correct their cause and
- B. identify and stop what is interfering with your body’s innate self-healing processes.

QUESTION #9
9.“Why is being in regression not the same as being healed?” (Note: Question #10 will be answered in my next article, titled, “Symptoms Are Not Reliable Sources for Choosing Vitamins!”)

In medicine, the term “regression” is used to describe diseases that have decreased in severity and/or size. For some, this good news is later



“Take Time for Your Health or Make Time for Your Disease!”

by **Dr. Donna F. Smith**
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MY TUMOR OR DISEASE IS BACK! Though surgery removed all visible, cancerous tumors, for example, the reality is that if the cause for why the body developed them in the first place is not corrected, whether the disease is tumor-related or not, the real cause continues to progress, until at some point in the future, new tumors develop and/or medical tests indicate that the disease is no longer in regression, but back.

The fact is: Because the real cause was not corrected, it never left!
You know your body (biochemistry) is truly healed when Laboratory Reports indicate that your test results are also in Homeostasis (Stage 1), not just out of the Disease Stage (#5). [Refer to my article, “Five Stages to

followed by a diagnosis that the disease is “back” or the body has new tumor growth, etc.]

Health or Disease!” The Villager, 09/09/2021, Page 5.]

- REGRESSION OR HEALED?** When told your disease is “back,” and not just disease involving the growth of a mass of tissue, whether benign or cancerous, other factors to consider are:
1. Your results on the Laboratory Reports from testing your biochemistry (blood, urine, hair, saliva, stool, etc.) **must** be within both: A) normal Lab Report ranges, so you are no longer in the “Disease Stage” and B) normal “clinical nutrition” ranges, so you are in Homeostasis (i.e., Healthy). Otherwise, the nutritional deficiencies/excesses and toxicity (Stage 2), biochemical imbalances (Stage 3) and organ/gland dysfunctions (Stage 4) that were not corrected, will get worse, and in time, progress to the Disease Stage (#5), **AGAIN!**
 2. Though test results were in both ranges as indicated above, what was not corrected was the underlying dietary, lifestyle and environmental causes that led

to your biochemistry moving out of homeostasis and into developing disease in the first place, so in time, you will “recreate” your disease **AGAIN!!**

3. And in some cases, the disease is “back” because the patient did not adhere to or there was no “dietary and clinical nutrition health maintenance program” in place to help the patient maintain their optimal test results. They were simply discharged to return to the diet, lifestyle and environment that creates disease.

Your Body is just like your Vehicle! It also requires maintenance to stay in good working order after it is fixed (Healed) or it is back in the shop (Therapy) AGAIN!!

Whether surgery is required, or not, to remove visible diseased tissue and/or organs, what is required are concentrated, whole food therapeutic nutrients so your body can regenerate (grow) new healthy cells and remove decaying (malnourished),

diseased and dead cells. These required nutrients are identified by obtaining a Clinical Nutrition Analysis of your biochemistry.

FOR HELP no matter where you live and for copies of the above-mentioned articles, please call me at 940-761-4045 or email: Villager@AdvancedClinicalNutrition.com. First Consultation Free!

Dr. Smith is the owner of **ADVANCED CLINICAL NUTRITION (Est. 1981)** in Wichita Falls, Tx, with clients residing in 37 U.S. states and seven international countries. Since opening her business, she has continued to hold a successful track record of over 90% in helping her clients improve their health.

Information for Nutritional and Bioenergetic Education only and not for the diagnosis or treatment of any medical condition or disease.



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Public Notices

COURTS

DISTRICT COURT ARAPAHOE COUNTY, COLORADO
7325 S. Potomac St.
Centennial, CO 80112
(303) 649-6355

Plaintiffs: THOMAS E. CANON and SHARI A. CANON

v.

Defendant: SOUTHERN MORTGAGE CORPORATION, a delinquent Colorado corporation; SUE SANDSTROM, Public Trustee of Arapahoe County Colorado.

Attorney for Plaintiff:
Jordan C. May, Atty. Reg. No. 38734
Caroline W. Young, Atty. Reg. No. 56518
Frascona, Joiner, Goodman and Greenstein, P.C.
4750 Table Mesa Drive
Boulder, CO 80305-5541
Phone Number: 303-494-3000
Fax #: 303-494-6309
E-mail: jordan@frascona.com, caroline@frascona.com

Case Number: 2021CV31853
Division: Courtroom:

DISTRICT COURT CIVIL SUMMONS

TO THE ABOVE-NAMED DEFENDANT:
SUE SANDSTROM, Public Trustee of Arapahoe County and SOUTHERN MORTGAGE CORPORATION

YOU ARE HEREBY SUMMONED and required to file with the Clerk of this Court an answer or other response to the attached Complaint. If service of the Summons and Complaint was made upon you within the State of Colorado, you are required to file your answer or other response within 21 days after such service upon you. If service of the Summons and Complaint was made upon you

outside of the State of Colorado, you are required to file your answer or other response within 35 days after such service upon you. Your answer or counterclaim must be accompanied with the applicable filing fee.

If you fail to file your answer or other response to the Complaint in writing within the applicable time period, the Court may enter judgment by default against you for the relief demanded in the Complaint without further notice.

Dated: Feb. 10th, 2022

/s/ Jordan C May
Jordan C. May
Atty. Reg. No. 38734
Caroline W. Young, Atty. Reg. No. 56518
Frascona, Joiner, Goodman and Greenstein, P.C.
4750 Table Mesa Drive
Boulder, CO 80305-5541
(303)494-3000
Attorneys for Plaintiffs

This Summons is issued pursuant to Rule 4, C.R.C.P., as amended. A copy of the Complaint must be served with this Summons. This form should not be used where service by publication is desired.

WARNING: A valid summons may be issued by a lawyer and it need not contain a court case number, the signature of a court officer, or a court seal. The plaintiff has 14 days from the date this summons was served on you to file the case with the court. You are responsible for contacting the court to find out whether the case has been filed and obtain the case number. If the plaintiff files the case within this time, then you must respond as explained in this summons. If the plaintiff files more than 14 days after the date the summons was served on you, the case may be dismissed upon motion and you may be entitled to seek attorney’s fees from the plaintiff.

TO THE CLERK: If the summons is issued by the clerk of the court, the signature block for the clerk

or deputy should be provided by stamp, or typewriter, in the space to the left of the attorney’s name.

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Legal # 10622

DISTRICT COURT COUNTY OF ARAPAHOE STATE OF COLORADO
7325 South Potomac Street
Centennial, Colorado 80112
(303) 649-6355 Telephone

PEOPLE OF THE STATE OF COLORADO
Petitioner,
IN THE INTEREST OF: ZAMARIOUS ALGORATTI, Child,

and concerning

REGHAN AVERY AND ROBERT DUNN,
Respondents.

Heather L. Tomka, Esq. #50963
Assistant County Attorney
Attorney for the People
14980 East Alameda Driv
Aurora, CO 80012
Tel: 303.636.1895

Case No: 21JV717
Division: 22

NOTICE OF ADJUDICATORY HEARING AND DEFAULT JUDGMENT

PLEASE TAKE NOTICE that an Adjudicatory Hearing and Default Judgment regarding Respondent Mother, **Reghan Avery** is set for **March 21, 2022 at 4:00 P.M.** in Division 22 at the Arapahoe County District Court, 7325 South Potomac Street, Centennial, Colorado 80112. You have the right to be represented by an attorney during these proceedings; if you cannot afford an attorney, one will be appointed to represent you. In the event you fail to appear for said hearing at the date and time indicated, the Petitioner, the People of

the State of Colorado, will request that the Court enter a default judgment against you and adjudicate the child dependent and neglected in accordance with the Colorado Children’s Code.

Date: February 15, 2022

Heather L. Tomka, Esq. #50963
Assistant County Attorney
Attorney for the People
14980 East Alameda Drive
Aurora, CO 80012
Tel: 303.636.1895

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Legal # 10656

CHERRY HILLS VILLAGE
CITY OF CHERRY HILLS VILLAGE
ADOPTION OF ORDINANCE ORDINANCE 7, SERIES 2022

A BILL FOR AN ORDINANCE OF THE CITY OF CHERRY HILLS VILLAGE AMENDING THE 2022 BUDGET AND APPROVING A SUPPLEMENTAL APPROPRIATION IN THE AMERICAN RESCUE PLAN ACT FUND FOR ONE-TIME DISCRETIONARY EMPLOYEE BONUSES

Copies of the Ordinances are on file at the office of the City Clerk and may be inspected during regular business hours.

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Legal # 10657

NOTICE TO CREDITORS
OTICE TO CREDITORS
Estate of Trevor Damien Crandall, Deceased: Case Number 2022PR30129

All persons having claims against the above named estate are required to present them to the personal representative or to District Court of Arapahoe, County, Colorado on or before June 10, 2022, or the claims may be forever barred.

Melissa Kaye Crandall
4840 W. 30th Avenue Address
Denver, Colorado 80212
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Last Publication: February 24, 2022
Legal # 10645

MISCELLANEOUS
REQUEST FOR PROPOSALS CENTENNIAL AIRPORT ARAPAHOE COUNTY, COLORADO

The Arapahoe County Public Airport Authority (the “Authority”), is the owner and operator of Centennial Airport in Englewood, Colorado and is soliciting Requests for Proposals for roofing contractors.

The proposer must supply all information required by the Request for Proposals for Roofing Contractors. The Arapahoe County Public Airport Authority reserves the right to waive any informalities and minor irregularities in the submittals and to select the proposer deemed to be in the best interest of the Airport.

For any questions and to obtain a complete copy of the Request for Proposals for Roofing Contractors for the Authority please contact Luke Skaflen, Business Support

Specialist for Centennial Airport at 303-790-0598 or lskaflen@centennialairport.com.

Proposals must be submitted electronically to Luke Skaflen (lskaflen@centennialairport.com) no later than 3:00 p.m. MST, March 4, 2022.

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Legal # 10658

CENTENNIAL AIRPORT NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the Board of Commissioners of the **Arapahoe County Public Airport Authority** will conduct a **VIRTUAL BOARD MEETING** at 3:00 p.m. on Thursday, March 10th, 2022. Please go to the following link to attend this virtual meeting: <https://www.centennialairport.com/index.php/en/about/virtual-boardroom>.

The agenda will include a Public Hearing on an application under Centennial Airport’s Development Policy and Application Procedures for Aeronautical and Non-Aeronautical Land Use (“Development Procedures”) from Truman Arnold Companies, TAC Air, for a fuel farm expansion.

Information concerning these items may be reviewed at the **Airport Authority** offices by appointment at 7565 South Peoria Street, Englewood, CO 80112. To schedule an appointment please call 303-790-0598.

Arapahoe County Public Airport Authority

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