

Better Than Anti-Aging is Age Reversal by Growing New Stem Cells! (Part 1 of 2)

[Verified by Nobel Prize Winners]

If you could biologically reverse your age, would you want to know about it? I sure did! What does this mean? You may recall from previous articles, where I shared, we have two bodies, a bioenergetic and a biochemical body; well, we also have two Ages: 1) a Chronological Age for years lived on Earth; and 2) a Biological Age for how old your internal biology is, in comparison to your chronological age; and yes, for some, both ages are the same.

MY CHRONOLOGICAL AGE (61); BIOLOGICAL AGE (43): However, using my test results, for an example, my chronological age of 61 years has the biological health of a 43-year-old person, chronologically.

STEM CELLS: You see, as medical science has been perfecting their ability to transplant stem cells from a healthy to an unhealthy body, with the risk of being rejected; for decades, I have been waiting for our nutritional scientists to discover which plants God gave us, that contain the nutrients the body requires to grow its own, new stem cells! As you may know, STEM CELLS help the body grow (regenerate) new healthy cells to replace malnourished, decaying, damaged, aging, dying and dead cells. We are only as healthy as our weakest



“Take Time for Your Health or Make Time for Your Disease!”

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cell! As of December, 2020, I wait no longer!

To better understand, I will insert a little history: Since the 1970s to 2009, there have been five scientists who won the Nobel Prize for their research on chromosomes and discovery of Telomeres.

TELOMERES are segments of DNA found at the ends of chromosomes. They can be prematurely shortened when exposed to environmental chemicals, oxidation, inflammation, and stress. This leads to DNA damage and contributes to early cell death.

LONGER TELOMERES = LONGER LIFE: Shorter telomeres, then, have been associated with cardiovascular disease, inflammatory disorders, metabolic syndromes, diabetes, cognitive decline, and other chronic degenerative conditions associated with aging, in addition to, accelerating the aging process. Accelerated aging is when a person’s biology is no longer equal to their chronological age, but that of someone older, even decades older.

For example, a 45-year-old’s biology might resemble

someone 50 or 60 years, chronologically, or older. How many children today are suffering from diseases that used to be exclusive to the elderly?

In summary, the shorter your Telomeres, the faster you age and die; the longer the Telomeres, the longer you live and you live well!

In Part 2 of this 2-Part article, I will share the three significant outcomes from research of another study, where a team of 20 scientists discovered 1) the solution to growing our own stem cells, and thus, grow longer Telomeres, and 2) the root cause of aging and disease.

FOR HELP no matter where you live and for copies of referenced past articles, please call me at 940-761-4045 or email: Villager@AdvancedClinicalNutrition.com. First Consultation Free!

Dr. Smith is the owner of **ADVANCED CLINICAL NUTRITION (Est. 1981)** in Wichita Falls, Tx, with clients residing in 37 U.S. states and seven international countries. Since opening her business, she has continued to hold a successful track record of over 90% in helping her clients improve their health.

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Mortgage tip of the week

Passive income is one of your many tools to get to financial freedom, but how can you start? With new programs that came back last year, you can buy an investment home with as little as 15% down and you don't even have to qualify for the payment. Investment properties are a great way to get passive income (income earned without having to work the 9 to 5 grind). Here are some details:

- Non-QM loans are back and I am DSCR (aka cash flow loans) closing loans for people. We just have to make sure the rent payment will cover at least 110% of your mortgage payment.
- Where do I get 15% down you ask? Some people pulled cash out or a Home Equity Line of Credit from their current property. Others used cash on hand. For some people it made sense to pull from lower performing stocks.

Where do you find these properties?

- Step 1 is to call me at 720-974-8400 so I can get the details to you and set you up for success.
- Step 2 is for me to get you with a realtor that knows how to find the properties where the rent covers your payment (hint-there are a ridiculous amount of these properties out there).



What's holding you back?

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