

VACCINATION DETOXIFICATION PROCEDURES

Short- and Long-Term Adverse Affects of Vaccines and Puncture Sites

Vaccines are well known to contain multiple toxic agents, including viral and other infectious agents (which are highly immune stressing), as well as fixatives such as formaldehyde and mercury (both not safe at any level). When injected directly into the arm, buttock (or other areas) whether received as a child or as an adult, the body's normal defenses cannot act adequately.

Since the body's immune system is unable to enter the area to clear the toxic debris injected into the connective tissue, the vaccination area becomes a permanent interference field to the healing of body, i.e. continuously disrupting the normal circulation of blood, lymph, nutrient and nerve transmissions that attempt to flow through the Vaccination puncture sites where the vaccine was administered. Thus, compromising the body's overall health as areas requiring these nutrients, blood, lymph fluid and nerve transmissions do not receive them. Also, in time, these sites accumulate nutrients, blood, lymph fluid and electrical energy.

The nutrients, blood and lymph fluid rot and infect the surrounding tissue and years later the electrical energy begins to discharge like a "fire crackers" which short-circuits or disrupts nearby electrical transmissions which are flowing normally. These electrical charges can also cause pain which mystify physicians as they cannot find any cause for this pain. Instead, physicians recommend hip or knee replacement surgeries, the most common surgeries, or some other surgical procedure and if surgery is not possible, life-time pain-killing drugs are prescribed. Neither surgery nor drugs will correct this and both lead to more health consequences.

Once a vaccination site has been cleared by following the Vaccination Detoxification Procedures, it is an immense load off the body's immune system, which has had to continuously fight these "locked in" toxic debris for many years.

Some side effects from vaccinations are immediately apparent, even severe, such as leading to brain damage, autism, or fatal (death). However, many future health problems develop decades after the vaccination and are never associated with the true cause, the poisons in vaccines and the internal scarring from the skin puncture site where the vaccine was administered. For some, external scarring is visible, for most it is not.

We have clinically observed that the toxic stress of a vaccination site creates a de-polarized pathway from the vaccination site down the arm to the hand, ending at one or more of the fingers, usually the middle and/or ring finger. The vaccination site, as well as an entire pathway down the arm to the finger(s), will require detoxification. Additionally, vaccinations on the hips, buttocks or thighs, in time, creates a de-polarized pathway from the vaccination site down the thigh and leg, ending at one or more of the toes, usually the first and middle toes, which adversely affect the function of your legs, knees and toes. Thus all of these areas must be detoxified.

DOWNLOADS and UPLOADS!

Are Why We Cannot Just Mineral Pack The Vaccination Puncture Site!

Downloads:

Areas of the body below the vaccination puncture sites are called “**downloading**” because the toxins that do not get immediately locked into the tissue of the puncture site are moved downward by gravity and the movement of the arms and legs to the fingers and toes. In the process of downloading, portions of the toxins will settle in the cells and tissue of the arms and legs as other parts of the toxins are still moving downward.

The hands and feet are called the “**downloads**” because this is the ultimate destination for all toxins that gravity and the swinging of the arm and legs can move downward.

Uploads:

When the hands and feet become so accumulated with toxins from downloading, that they do not have room for more, you have an **upload** from the hands back up the arms and from the feet back up the legs. Think of this like layers and layers of toxins in the hands and feet that allow no more room for more toxins, so the next toxins downloading are stacking on top of each other, creating more layers of toxins upward into the wrists/ankles and when these are too full, the lower arms and lower legs get stacked full of toxins and so on.

Accumulated toxins become “locked” into the tissue, making it even more challenging for the body’s own detoxification system to release and remove from the body. Then add to this the fact that the detoxification organs (liver, kidneys, intestines, lymph glands) are also challenged by the excessive amount of toxins that are coming into them that they become dysfunctional. When this occurs, this is like a car or air conditioner filter that never gets changed and new pollutants are not filtered, but just collect on top of the accumulated toxins that are presently clogging the filters.

And people think “download and upload” are just part of computer or internet terminology! LOL.

Mineral mud packing provides another effective way for detoxifying cells and tissue in addition to “internal detoxification” through supplementation and including cleansing foods in your diet. This “external” detoxification of and through the skin layers releases and removes toxins “within” the body, as well as dissolves scars that are:

- Blocking nutrient, blood, lymph and nerve flow from reaching their destinations and
- The presents of scars also obstructs the flow of toxins that the body (itself) is trying to remove by creating barriers where toxins accumulate around the scars.

Thus, additionally benefits in the long run for those who complete the Scar Detoxification Program are:

- Increased potential for optimal healing,
- Faster healing process, and
- Reduces overall investment in time, energy and money taking “detoxification” supplements.

A Personal Message From Dr. Smith

I personally experienced the harm from vaccines and downloads, even decades before I had knowledge of them. The toxins in the vaccine was so severe that the downloading process towards my foot, from one of my childhood vaccinations administered in my right buttock, caused a part of the skin tissue in my lower-right leg to collapse. This resulted in what others may think of as a “dimple” almost the size of a dime on the inside of that leg. Can you imagine how powerful the poisons in that vaccine had to be to destroy the tissue to the point that it disappeared, altering the shape of one’s skin, much less than the internal adverse side effects? We should consider all vaccines as a criminal act of abuse; I certainly do in my regard and others.

For example, one of my clients is now a 25-year-old young man, whom I have been treating since he was a small boy. His mother said that he was a healthy normal infant until one of the vaccines administered in his first year of birth caused permanent brain damage.

Therefore, it is of prime importance to detoxify vaccination puncture sites and their downloads as soon as possible, in addition to consulting with Dr. Smith regarding safer and healthier alternatives so you may avoid future vaccinations.

Scar/Trauma Chart:

Because infant and childhood vaccinations were often many years ago for most clients, the vaccination sites are often overlooked when completing the Scar/Trauma Chart, which was one of the documents completed with the **New Client Health and Symptoms History Questionnaires**. Infant and children vaccination sites often varied, one time a vaccine may have been administered the buttocks of an infant, the next time the thighs and as the child matures, the arms. Therefore, your **Scar Detoxification Program** includes each **Vaccination Site** listed below.

Instruction for Mixing Vaccination Mineral Mud

Mix at least...

1. 3 tablespoons of Medi-Body Pack powder,
2. 1 capsule of Premier HCL
3. 2-3 teaspoons of Detox-ND Liquid to make a pudding-like mud mixture.
4. Note: if two Fluids are indicated, then you will use 1- 1 and ½ teaspoons of each of the two fluids to equal a total of 2-3 teaspoons of the combined Fluids.
5. Repeat the above formula to prepare enough Mineral Mud to cover the areas indicated on the **Skin Target Schedule** whenever the VAC Column is checked for a particular day in the series.

Note: When fluid, powder and ingredients in opened capsule are mixed together; the mixture should be at the right consistency to adhere to skin, not too wet or too dry. You may need a little more or less than the above measurements.

Vaccination Sites - Where To Pack

If you have scar from a vaccination, this is your starting point for packing mineral mud. If you have no visible vaccination puncture site scar then Vaccination Puncture Sites are left and right upper deltoid arm muscles, below the hips in the fatty area of the upper buttocks and/or upper front thighs.

Also because the germs, heavy metals and other toxins in Vaccines move downward over-time, due to gravity, these poisons travel down the arms to the fingers and from the hips to the toes. The sheet titled, “**Common Toxic Focal Sites**” will give you a visual picture of these Vaccinations Sites where you will apply detoxification mineral mud. Note: You will notice that only one side of the arm or leg receives the mineral mud at one time. In other words, when the upper arm/leg on one side receives the mineral mud, the lower arm/leg of that side will receive the rest of the mineral mud as to work towards the fingers/toes. There is a specific reason for this so follow these instructions precisely as written.

Note: The Vaccination Detoxification Procedures are best done outside so you may absorb as much solar radiation as possible while performing these procedures. However, if it is too cold, the bathtub is the easiest place to apply the Vaccination Mineral Mud because if any falls into the tub when applying, it is easy to wash down the drain and it will not stain or clog the drain. It is also the best place to wash off the mud after completing these procedures. Then when indicated in the instructions for solar radiation exposure, stand in front of the largest window with the shade up/curtain opened to allow for the most body exposure.

1. **ARMS** – On the day the VAC column is checked for L-ARMS (meaning the left arm Vaccination Puncture Site) on the **Skin Target Schedule**, do the following:
 - a. Apply **Vaccination Mineral Mud** to 1 ½ to 2-inches in diameter around the upper-left deltoid muscle, which is located about an inch to 1 ½ inches below the shoulder joint on the side of the upper arm.
 - b. Depending upon the size of your upper arm, you may need either up to and maybe even a little over two inches in diameter to cover the deltoid muscle.
 - c. Whatever the amount continue applying that diameter or width down the left-upper deltoid muscle and then turn slightly inward at the elbow so as you continue down the lower arm towards the fingers of the back side of the hand.
 - d. You will progress down the lower-left arm to the tips of the middle (Finger #2) and ring (Finger #3) fingers. To be clear, the hand includes the thumb and

- fingers #1, #2, #3 and #4. Finger #1 is the index finger, **Finger #2 is the middle finger, Finger #3 is the ring finger** and Finger #4 is called the “pinky” finger. On the day indicated, you will repeat these instructions for the right arm to the right-hand fingers.
- e. After doing the above, apply Vaccination Mineral Mud to GV-20. This means to apply a two-inch diameter of Vaccination Mineral Mud to the crown or top of the head.
 - f. Once you have the Vaccination Mineral Mud applied from upper deltoid muscle in the left arm down to Fingers #2 and 3 AND you have covered a 2-inch diameter at GV-20, you are now ready to go to the section of this document titled **“Instructions Continued”** for the rest of the Vaccination Detoxification Procedures. **Do not remove the Vaccination Mineral Mud,**
 - g. Note: You will repeat the above instructions for the right arm to Fingers #2 and #3 on the Day the **Skin Target Schedule** has R-ARMS written on the AM & PM row and the VAC column is checked.
2. **BUTTOCKS** - On the day the **VAC column** is checked for **L-BUTTOCK** (meaning the left buttock vaccination puncture site) on the **Skin Target Schedule**, do the following:
- a. **Apply the Vaccination Mineral Mud** in a width of approximately 2-3 inches to the upper buttock under the hip bone, down to the center of the buttock, continuing down the upper back thigh to the back of the knee.
 - b. After covering the back of the knee, **continue around and cover the front knee down the front lower left leg to the tips of the Toe #1 and Toe #2 (middle) of the left foot.** To be clear, the foot includes the Big Toe and Toes #1, #2, #3 and #4. Toe #2 is the middle toe and Toe #4 is called the “little” toe.
 - c. After doing the above, **apply Vaccination Mineral Mud to GV-20.** This means to apply a two-inch diameter of Vaccination Mineral Mud to the crown or top of the head.
 - d. Once you have the Vaccination Mineral Mud applied from left buttock to back upper thigh to back/front knee to front lower leg and Toe #1 and #2, AND you have covered a 2-inch diameter at GV-20, you are now ready to go to the section of this document titled **“Instructions Continued”** for the rest of the Vaccination Detoxification Procedures. **Do not remove the Vaccination Mineral Mud,**
 - e. Note: You will repeat the above instructions for the right Buttocks to Toes #1 and #2 on the Day the **Skin Target Schedule** has R-BUTTTOCK written on the AM & PM row and the VAC column is checked.

Instructions Continued

Once the Vaccination Mineral Mud has been applied for L-ARMS, R-ARMS, L-BUTTOCK, R-BUTTOCK, depending upon what Day you are on in the Skin Target Schedule, which includes GV-20, you will then do the following:

1. **With the Vaccination Mineral Mud still on the skin, go outside and forcefully contract all the arm or leg muscles, keeping the arm or leg straight. While holding the contraction, slowly move the arm in a large circle at the side of the body, 3 times in one direction, then 3 times in the other. Do this now for each arm and each leg.**
 - a. Muscle contraction allows the meridians to open at a deeper level and, at the same time, allows solar frequencies to enter the body much more deeply. Therefore, doing this outside is most effective.
 - b. However, if it is too cold outside, lay an old sheet on the floor, stand on the sheet just in case a little of the mud falls and perform the above in front of window, with the shade up or curtain pulled back, that allows for the most full body exposure.
 - c. If your movements are deliberate and slow, you should not disturb the mineral mud.
 - d. If it is not cold, wearing light colored clothes allows for even more solar ray absorption.
2. After doing the above, you may go inside or stay outside, for the next few steps until instructed to go outside again.
3. Keep the mineral mud in place for **another 10 minutes**, then you are ready to **press the Vaccination Mineral Mud five (5) times into every area of the skin** where the mud has been applied. Be sure you do not miss a spot. **Then immediately wash it off.**
4. Since toxic debris will have been released from the site internally, it is important now to immediately **drink 1/2 tsp. of Immuno-ND** (or other immune booster recommended by Dr. Smith) in 1/2 cup Reverse Osmosis (R.O.) purified water.
 - a. Note if you know you are a Vata body type, a bit of natural sweetener, such as raw honey or Stevia (Stevia is preferred) may be added. .Otherwise, do not add sweetener.
5. **Rest for approximately 5 minutes. Then repeat all steps again.** For Vaccination Puncture Sites, these procedures are performed **twice in the AM and twice in the PM**, i.e., you will reapply the Vaccination Mineral Mud to the same areas where you just applied them and continue all instructions to #4 above, where you drink the Immuno-ND.. .

6. After you have followed the above procedures twice, **apply a small amount of Zeo Mineral Cream everywhere you applied the Vaccination Mineral Mud, except GV-20.** Gently massage the cream into the skin. Zeo Mineral Cream is rich in zeolite, a paramount mineral detoxifier.
7. Now **drink 2 ounces of Aloe Drink and then go outside for five (5) minutes to absorb solar radiation to complete the Vaccination Detoxification Procedures.** If Aloe Powder has been provided instead of Aloe Drink, put one (1) teaspoon of Aloe Powder in two ounces of water or juice, drink and then go outside for five (5) minutes. If you prefer juice, use organic 100% apple or any berry juice, like Blackberry, Cranberry, Raspberry, etc.
 - a. No special clothing is required.
 - b. Drinking Aloe Drink and going outside for 5 minutes must be done **within 30 minutes** of having completed steps all of the above steps the second time.
 - c. If you must dress warm because it is cold out, solar radiation will be absorbed through the head and face.
 - d. If it is not cold, wearing light colored clothes allows for even more solar ray absorption.

AFTER 7 PM.

1. About the Medi-Body Bath (Foot Bath) also called the Medi-Blast.

- a. The Medi-Body Bath is detoxifying and a full-body toxin chelation with electrolyte replacement. The Medi-Body Bath prevents dissolved scar particles and other toxins broken up by the Mineral Mud packs from settling into other areas of the body and helps move these toxins out of the body through the feet.
- b. Also, if a Medi-Body Foot Bath was not done at the end of the day when mineral packs have been applied, these accumulated toxins will cause you to feel discomfort, pains, achy or other cleansings signs, within three to 72 hours.
- c. We call these cleansing signs because the first part (mineral mud applications), but not the second part (Foot Bath) of the detoxification or cleansing process was performed, resulting in toxins remaining in the body and causing these signs or symptoms as the toxins irritate and infect healthy cells and tissue.

2. **How To Prepare Medi-Body Foot Bath** In a plastic dish tub or foot spa, add and stir the following:
- a. **12 cups of Hot Water** (purified water is best, but not essential). Get water as hot as feet can stand.
 - b. **1 cup of Medi-Body Bath.**
 - c. **1 cup of Allicidin Tea** (increases quantum cellular resonance). To make Allicidin Tea - Boil 1 and ½ cups of pure water. Remove the pot from stove, when the water starts to bubble. Open 3 Vcaps of Allicidin Complex into the boiled water. Cover with lid and let it steep for 15-20 minutes, then pour all of the tea into the plastic foot tub. **Remember you boil the water, not the herb in the water.**
3. **Soak feet for 10 minutes only and not longer.** Towel Dry. When finished, throw out the Medi-Bath water. **DO NOT RE-USE.** This is toxic water. You are now finished for the day, unless Castor Oil or Castor-Oil Immune Packs are to be applied to their Target Skin area. Note: You may dump the Foot bath water in your flower beds as the ground can neutralize the toxins and benefit from the minerals still in the foot bath water.
4. **Castor Oil or Castor Oil-Immune Packs:** When included, follow the instructions in the document titled, "**Castor Oil (CO) and Castor-Oil Immune (COI) Packs,**" and **Wait 30 minutes** after the Medi-Body Foot Bath before applying the Castor-Oil Immune Packs. The **Skin Target Schedule** will have a check mark under the CO or COI Columns to indicate which Type of Castor Oil pack you are to do for each target skin area and the "day" sequence to apply CO and/or COI packs.

CONGRATULATIONS!

YOU HAVE COMPLETED THE VACCINATION DETOXIFICATION PROCEDURES FOR THE DAY.

SUMMARY

Because the substances (metals, chemicals, germs, etc.) used in vaccines are **extremely toxic** (poisonous and destructive to cells and tissue) and because these substances have been stored **for many years** now in the cells and tissue from the four Vaccination Puncture Sites to their downloads, the Vaccination Detoxification Procedures are required multiple times when the **VAC Column** is checked on the **Skin Target Schedule** to release these deeply buried substances and dissolve the scar caused by the administration of the vaccine. In other words,

1. The **Vaccination Mineral Mud** must be applied, arms/legs contracted and rotated, drinking the Immuno-ND and resting five minutes – all of this, **four times** each day. That is twice in the AM (upon rising to 12 noon) and PM (12 noon to 5 p.m.), and
2. **Twice daily**, you will apply the Zeo Mineral Cream, drink Aloe and receive 5-minute solar radiation exposure.

Once you have completed all of the Vaccination Detoxification Procedures for the last Day where the VAC Column was checked on the Skin Target Schedule, you do not have to repeat these procedures again as long as you avoid future vaccinations.



If you think you need a vaccine, contact Dr. Smith for healthy, safe and effective alternatives to vaccinations.



If you were hospitalized and a vaccine was administered with or without your knowledge at that time, repeat these instructions for the new Puncture Site and its downloads.



www.AdvancedClinicalNutrition.com
Dr. Donna F. Smith
(940) 761-4045

Disclaimer: Information provided for educational purposes only and not for the diagnosis or treatment of any medical disease, condition or disorder.

edu42.Medi-Pack-VacClearanceProcedures.docx 103107R082311