



THERAPEUTIC SUPPLEMENT FINANCIAL PLAN

RABBIT – SQUIRREL - TURTLE

By Dr. Donna F. Smith

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FOREWORD

I highly recommend reading from the beginning to the end because each section builds upon the previous one. The confusion and seemingly conflicting information related to science of (laws that govern) dietetics, nutrition, clinical nutrition and naturopathy is a lack of foundation in Public Education, because its focus has been centered around medicine (drugs/surgery) in the 20th Century. To build any structure requires starting at the bottom and working up. It is impossible to put in the windows without first building the wall that will hold the window. So start by browsing the Table of Contents to peek your interest in the information, then start on page 1 and read to the last page so that you build a solid foundation of knowledge in these laws that comprise the laws of healing and health maintenance (biochemistry, biology, physiology, etc.) and other educational essential information to developing a principle-centered, healthy lifestyle. Ctrl + Click on Page Number in Table of Contents to go directly to the information within each Chapter. It is my mission and pleasure to share this information with you.



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INTRODUCTION

The best and most important investment in time, energy and money that each person makes in their life is their proactive investment in “Wellness Care.” **Wellness Care** is the health maintenance and disease prevention of the human mind and body. **Restorative Health Care** is to restore health that has become ill or diseased, no matter what the cause(s), by providing what the body needs and eliminating what is interfering with the body’s ability to repair and regenerate new healthy cells. Only by regenerating new healthy cells and tissue can the body become and stay healthy. In time, all of our clients become Wellness Care clients, because this is the next step for all who start as restorative health care clients.

This article is to share additional information on one of your important investments above – your monthly financial investment in your therapeutic supplement program, so that you may choose a financial plan that best fits, either:

- The pace at which you want to heal (slow to moderate to fast)
- The amount of money you want to invest in your therapeutic supplement program.
- Or both.

What Are Therapeutic Supplements?

Therapeutic supplements are dispensed through nutritional healthcare professionals because their potency is on the same level as pharmaceutical drugs. However, whole, food therapeutic supplements are drug (chemical) free and contain concentrated whole foods and herbs, where only the water has been removed.

Before I continue with more about therapeutic supplements, let me first help you understand the difference in the three **ways supplements are manufactured today**. They are 1) Whole food supplements, 2) synthetics and 3) isolates. Most people are unaware that the vitamin and mineral formulas sold to the public are not whole food supplements, even though some labels and sales representatives advertise that they are. Why are they allowed to do this will not be shared in this article. However, feel free to ask about this if you want more information.

What is sold to the public is either synthetically made in a laboratory from non-food substances, like extracting vitamin A from petroleum, or they are isolated vitamins and minerals. Isolates are when a vitamin or mineral has been extracted (or isolated) from the rest of the plant or food and then bottled. Synthetics are the cheapest vitamins and minerals sold and often found in department stores or pharmacies. Isolates are distributed through health food stores or independent distributors. Synthetic and Isolated supplements are what we call, “Nutritional Drugs” because they suppress symptoms and manipulate the biochemistry like pharmaceutical drugs, even though they are not made from pure chemicals, like medicines



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are. If you have been taking supplements sold to the public, your initial test results will reflect the biochemical affect they have had on your health.

The body can heal only when provided “whole” foods, plants and herbs and allowed to use the vitamins and minerals in them as nature, not man, designed. Whole means nothing has been added or removed. This is the second key to our success – we dispense whole, food “therapeutic” supplements, which have been clinically-formulated to correct abnormal values identified on laboratory testing of human biochemistry (blood, urine, hair, saliva, stool).

Clinically-formulated means the specific whole foods and herbs selected for inclusion in a vitamin or mineral formula have a synergistic and catalytic relationship that has a therapeutic (healing) affect on the mind and body. Positive effects such as, regenerating new healthy cells and tissue, restoring nutrient sufficiency if a vitamin or mineral is deficient or excessive, balancing biochemistry (such as if Glucose is too high or too low nutritionally) and re-establishing the healthy function of organs, glands and body systems.

Though companies who manufacture whole food, clinically-formulated, therapeutic (potent) supplements sell them only through nutritional professionals for liability and ethical purposes, it is important for our clients to know that not all nutritional professionals dispense whole food formulations. Many dispense a therapeutic line of synthetic and isolated nutritional supplements (or nutritional drugs), instead. The reasons why will not be provided in this article; however, if you would like to know more about this, please feel free to ask.

Nutritional professionals are, also, required for legal purposes and their ethical practice code to dispense therapeutic supplements, only, after their need has been identified through Laboratory testing and research-based evaluation of the client's biochemistry and nutritional symptoms. This is also the first key to our success. Updated testing and evaluations are required to monitor progress and so that a timely revision of therapeutic supplement and dietary programs can be provided to assure continued healing, until optimal health has been attained. During the time it requires to heal, our services also include coaching our clients on how to “maintain and sustain” their health once attained, which will ultimately include a personally-designed maintenance program.

A Few Keys To Our Success

I have mentioned a couple keys to our success above. You can also think of it this way, testing is like the map that guides us and whole food therapeutic supplements are like the vehicles that transport our clients to their destination of optimal health. Our Personal Education Program (Dietary and Lifestyle Education), Therapeutic Dietary Plans, Consultations and Health Maintenance programs are like having the knowledge and tools to enjoy (sustain) a long and healthy life once you have arrived.



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Annual Nutritional Check-Up

People are educated in the importance of annual medical “check-up” and similarly, once our clients have progressed from health restoration to wellness clients, an important part of health maintenance is an annual retesting of one’s biochemistry. A Nutritional check-up, so to speak, is important to assess the results from the clients efforts to maintain their health from year to year, as well as monitor and correct adverse affects on their health from substances out of their control, such as “outside” air pollution, polluted water used in beverages, food additives from restaurant food consumption, stress, etc., so they do not unknowingly create new illnesses or diseases for themselves.

Cost Comparison Between Supplements Sold To the Public and Our Therapeutics

Though the potency, ingredients and clinical formulation of our therapeutic supplements are quite different in comparison to the synthetic and isolated, over-the-counter (OTC), online (OL) and direct mail (DM) supplements sold to the public, their costs are amazingly competitive, sometimes even less. For example, a synthetic or isolated multiple vitamin/mineral supplements sold to the public is generally between \$16 and \$50 (or more) per bottle. At the time of this writing, one bottle of **Advanced Clinical Nutrition (A.C.N.)’s** whole food multiple vitamin supplement is \$12 for a four-week supply.

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No matter which Financial Plan they choose, clients routinely begin to feel better within 3-6 weeks after starting their program, or sooner, because all programs are based on each client’s biochemical priorities. Those who invest more in their therapeutic supplement program will heal faster because they are supporting more priority areas.

So choosing a Financial Plan is more about the “pace” at which the client wants to heal OR “finances” i.e., staying within a financial budget, because all of our clients improve their health, no matter which plan they choose.

This article introduces new clients to several Financial Plans. These plans have been offered since first becoming aware that, though each client desires to heal as fast as is humanly possible for their body, for some, their financial investment in the monthly auto-shipment of therapeutic supplements may be of a higher priority, than their healing pace, due to the family budget.

Therefore, to assist our clients in choosing a **Therapeutic Supplement Financial Plan**, for their monthly auto-shipment of therapeutic supplements, that best suits their priorities (healing pace, finances or both), we offer several options, titled the “Rabbit, Squirrel and the Turtle Financial Plans.” We are also willing to work with our clients on special Financial Plans below or above these three options for those in unique situations, such as, the Snail Financial



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Plan, when a client's financial budget is less than a Turtle, OR the Horse Financial Plan, which would be higher than a Rabbit for those who are suffering GREATLY or have been diagnosed with a time-sensitive, fatal disease and require the accelerated HORSE plan.

Turtle? Rabbit? Horse? Well, I guess you have figured out that I am both a mother and a Texan! We Texans love horses and as a parent, you may recall reading a bedtime story about a turtle and a rabbit that entered a race, went at a different pace, but both crossed the Finish line. So it will be for you, too, who cross the finish line of health restoration and attain wellness, when **you stay the course, no matter how much time, energy and effort is required!**

Three Primary Considerations For Each Program Design

The following factors are considered in the design of each Therapeutic Supplement Program for our clients:

- to select in order of test priority results, the specific therapeutic supplements that will provide the fastest results,
- while, at the same time, taking the least number of supplements,
- for the least monthly financial investment in therapeutic supplements for the client.

The more therapeutic supplements the client consumes on a daily basis,

- The faster the healing results,
- The less therapeutic supplements that will be required in the long-term for a therapeutic program due to nutrient synergy.
- The faster they attain health maintenance,
- The fewer nutritional biochemical tests required (blood, saliva, etc.) in the long run.
- The higher the financial investment in their monthly therapeutic supplement program in present time.

The least therapeutic supplements the client consumes daily,

- The slower the healing results. Therefore, the client must realize that consistency and persistency will bring healing, just at the pace at which their Financial Plan can support.
- Clients will be on therapeutic supplements for more months than a higher Financial Plan.
- It will take more months to attain health maintenance. However, they will get there.
- The least monthly financial investment in present time. This is generally the primary reason for choosing a lesser Financial Plan, i.e., choosing a Squirrel rather than a Rabbit or a Turtle rather than a Squirrel or Rabbit Financial Plan.

Because the client's financial investment is in direct relationship to the pace at which they will heal, just as in the analogy of the childhood story about the Turtle and the Rabbit, who



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both entered the race, went at a different pace, yet both crossed the Finish Line. Thus, all clients, who have entered our services, heal at a different pace, due to their financial investment in and adherence to their therapeutic supplement and dietary programs, yet all clients cross the “Finish Line,” i.e., attain optimal health, who stay the course, no matter what obstacles or detours may come to tempt the client in quitting their ‘race for health,’ just as the Turtle and the Rabbit had to overcome their obstacles and detours to finish their race.

Fees and Description of Each Financial Plan

Therefore, our most frequently selected options for client Therapeutic Supplement Programs are called the Rabbit, the Squirrel and the Turtle.

- **The Turtle Financial Plan** is a slower healing program and the client’s monthly financial investment in the auto-shipment of their therapeutic supplements is \$150 or less, plus shipping.
- **The Squirrel Financial Plan** is a moderately paced healing program and the client’s monthly financial investment in the auto-shipment of their therapeutic supplements is \$250 or less, plus shipping.
- **The Rabbit Financial Plan** is a fast healing program and the client’s monthly financial investment in the auto-shipment of their therapeutic supplements is \$350 or less, plus shipping.

Again, whether the Rabbit, Squirrel or Turtle Financial Plan is selected, all clients experience improvement in 3-6 weeks, after starting their therapeutic supplement and adhering to written program instructions.

Tweaking Your Financial Plan To A Greater Advantage

Note: In the event, the design of the client’s therapeutic supplement program, based on their selected plan, resulted in a few dollars more than the amounts above, we ask our clients to communicate if this is acceptable. For example, let’s say the design of a Squirrel Therapeutic Supplement Program came to \$243 to comply with the above plan of \$250 or less. Yet, the addition of one more therapeutic supplement for \$10 would mean that another priority area of the body could be supported, this would increase the Squirrel Program to \$253. So tweaking the Financial Plan for just three dollars more could result in working on more priorities than staying exclusively within the designated financial plan.

At the bottom of page one on the **Client Information Form**, is a place for you to indicate which plan you have selected (Rabbit, Squirrel or Turtle) and whether you give your permission to tweak your plan for \$5 or less, \$10 or less or you may designate another amount.



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Financial Plan Consistency

When a Financial Plan is selected for its financial investment, rather than the pace at which the client will heal, it is better for the clients to be conservative and select the plan that they are confident they can maintain its monthly investment, rather than to initially choose a higher financial plan and have to reduce it to a lower plan, before the date of the next testing and evaluation, due to insufficient funds.

Why is this so important? Three days after the client begins their therapeutic supplements, the body begins a healing momentum. This is a process at which the body begins utilizing the nutrients, for which the program is designed. The longer the client is on their current therapeutic program, the more the body begins to rely upon those nutrients to orchestra healing within and move efficiently and effectively through each phase of healing towards optimal health. The **Client Handbook** explains the four **Phases of Healing**.

Additionally, because the lifespan of the red blood cells is three months, every three months, the body grows new and healthier red blood cells, when it is provided the nutrients to do so. The start of a new therapeutic supplement is the start of a new, three-month red blood cell regeneration. Therefore, to stop the any supplement prior to concluding a minimum of three months on that supplement, not only results in an interruption of the healing momentum in the areas in which the supplement is supporting and the supplement's affect on red blood cell regeneration, it is a waste of the financial investment in that supplement(s), up to the date the supplement was prematurely discontinued. Additionally, keep in mind that though the first three months on any new supplement is the most crucial, most areas of the body require many months, some even years, to heal. Therefore, stopping any supplement prior to attaining healing will sabotage the body's ability to heal and sustain healing.

Therefore, again, selecting the Financial Plan that can be consistently maintained is very important, as well as waiting until the next updated testing to change the Financial Plan you are currently on.

Changing A Financial Plan

To get a return on their investment, the appropriate time for reducing the current Financial Plan, **from a higher to a lower plan**, is at the date of the next retesting of the client's biochemistry. Updated testing will reprioritize areas to be nutritionally supported and communicating the desire to change a higher financial plan to a lower plan should be communicated at the time of payment for testing. To change the from a higher to a lower plan at any other time will sabotage the healing progress in the areas that will no longer be supported when supplements in the higher plan are discontinued. It is then a waste of the financial investment to date in those supplements and the time invested in taking them, when supplements are discontinued prior to attaining optimal healing in the areas for which they were originally dispensed.

Your decision to change from a **lower plan to a higher plan**, however, can be communicated at any time. Why? Because your initial, or the most recent testing at that time, is used to determine the next area(s) of priority, which have not yet been nutritionally



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supported, and therapeutic supplements can be started for new areas of priority any time. So, your therapeutic supplement program of care can be re-designed to add more supplements for more areas, upon request. Supporting more areas, at any point, does not interfere with the current healing progress and momentum and it actually enhances (strengthens) the overall program due to the synergetic affects of therapeutic supplements, themselves, and the synergy of the innate healing process of the human mind and body.

CLINICAL NUTRITION ANALYSIS OF LABORATORY RETESTING

Timely Retesting Provides Scientific Evidence To Identify Which Supplements...

- **must be continued**, as in the case of the area of the body or purpose for which the supplement was dispensed has improved, however, the area has not healed or the purpose has not been accomplished, yet. In the latter case, for example, though testing indicates there is improvement in progress, the nutrient deficiency is not yet sufficient, the biochemical imbalance is not yet balanced, the organ, gland or body system is not yet healthfully functioning, or the disease pattern has not, yet, been successfully reversed.
- **is/are no longer required** because the area(s) of the body has healed, or the purpose for which the supplement was dispensed has been accomplished.

Additionally, should a client desire to change their monthly financial plan from a higher to a lower plan, retesting identifies:

- **which supplement(s) can be temporarily discontinued** with the least adverse affect on the client's biochemistry and overall health improvement, should the client desire to change their Financial Plan to a lower plan. For example, changing from a Rabbit to a Squirrel or a Turtle Or from a Squirrel to a Turtle Plan.
 - Because the supplement is discontinued when the client's therapeutic supplement program is updated at the time of retesting, the supplement has completed, at least, its initial three months for red blood cell regeneration.
 - Though the area may not have yet healed or the purpose accomplished for which the supplement was originally dispensed, having completed the red blood cell regeneration will have given value to the client's financial investment and the client will have accomplished the first level of healing that is required of that supplement, when the supplement is resumed at a later date.
 - The supplement is considered "temporarily" discontinued, in these cases, until future retesting indicates that other supplement(s) can be discontinued having



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accomplished its purpose, and thus allowing for the adding back of any supplement that had to be temporarily discontinued due to a changing to a lower financial plan.

- **which supplement(s) are next in priority.** New, next-priority supplements are added
 - to replace previous priority supplements once discontinued, having accomplished the purpose for which they were recommended,
 - to increase and strengthen the therapeutic supplement program should the client desire to change their Financial Plan to a higher plan. For example, changing from a Turtle to a Squirrel or Rabbit, or a Squirrel to a Rabbit Financial Plan. However, please note that retesting is truly not required to increase to a higher Financial Plan because adding new supplements from the previous testing is acceptable, since the supplement(s) has not yet been dispensed.

Therefore, again, changing to a higher Financial Plan can be initiated at any time, i.e., between retesting or at the time of retesting. However, changing to a lower Financial Plan must be communicated to our office at the time of payment for retesting and the higher Financial Plan must be continued until the client receives the lower plan's therapeutic supplements to avoid abrupt interruption or self-sabotaging one's healing progress/momentum.

AN EFFECTIVE FINANCIAL PLAN

Some clients select a higher Financial Plan so they may experience faster results and stay on this plan from start to finish, i.e., until they have attained optimal health. Other clients may choose to start on one of the faster programs, Rabbit (fast) or Squirrel (moderate), when compared to the Turtle (slower) and then reduce to a lower plan beneath it, after the first or second retesting. Just like water is absorbed faster into a dry area than a wet one, the first 5 to 9 months at a higher supplement plan, when the cells and tissue are the most starved for nutrients, can yield greater results on your investment. Thus, waiting and reducing to a lower plan after that accomplishes both goals – faster healing and a financial investment for the long-term that suits the family budget.

Because of the severity of deficiencies, imbalances and dysfunctions initially present when clients first start their initial supplement program and considering the first three month of red blood regeneration, the cells and tissues are like a sponge. They soak up, like water into a dry area, and utilize nutrients more quickly in the beginning than in the months to follow (water into wet area). This means in the first 5-9 months, there is a window of opportunity to make faster and more positive changes (repair, healing, regeneration) at a cellular and tissue level, than any other time.

Another analogy of this, for example, is: Let's say it takes six months for a person to fully recover from dehydration after being rescued from days without water in the desert. Think



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of how quickly a person will feel better when provided water in the first few days and their rate of recovery in the first three months compared to the last three of the six months it takes to fully recover. Healing with water from dehydration or healing with nutrients has the same affect when the cells and tissue have been starving for the nutrient(s). Your test results indicate which nutrients have been missing or insufficient, i.e., the nutrients the cells have been starving for and the rate of recovery is always faster in the first 5-9 months.

Therefore, clients may choose to initially select a higher Financial Plan and then reduce it to a lower Financial Plan at the first (4th month) or second (9th month) re-testing, in order to take advantage of this faster absorption and utilization process and, thus, get even faster healing progress. Symptoms leave faster, thus they can begin to feel better faster than they would if they started and stayed at a lower Financial Plan.

Therefore, this provides an effective approach to feeling better as quickly as possible, and another way to use our Financial Plans to your advantage.

CHOOSING THE TURTLE PLAN

If finances are the bottom line for choosing your Financial Plan, be encouraged that consistency brings results, whether choosing the Turtle, Squirrel or Rabbit. Just as in the bedtime story, the Turtle was not concerned with his competitors and what they could do that he could not do, he stayed the course at the pace that was right for him and actually crossed the Finish Line first.

So the true bottom line is to be consistent and stay the course, whether you choose to begin with a higher plan and then reduce to a lower plan at the first or second retesting or choose one of these three plan for the duration.

UNEXPECTED LIFE EVENTS AFFECTING FINANCIAL PLAN

In the process of healing the mind and body, whether the client's program is short-term to heal one area of the body or a longer-term to truly attain "wellness," i.e., optimal healing and health maintenance for the rest of their life, emergency and/or unexpected life events may occur that adversely affects their current financial investment in their therapeutic supplement program and the status of the clinical nutrition and naturopathic therapy we are providing them.

Because an emergency, or unexpected event, is not respective of timing, an immediate change in the client's current financial plan may take priority over where their body is in the process of healing and restoring health. Thus, an immediate change may lead to an interruption or stopping of the healing momentum in process. In these situations, we



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understand that though the timing may not be helped, what can be helped is whether the client chooses to **react or respond** to this situation.

When the client becomes aware that their financial emergency or unexpected life event will affect their financial investment in their healing program, the first reaction is to think they must discontinue our clinical nutrition and naturopathic services. Some clients react and stop their program prematurely on this assumption, and some may even demonstrate poor communication skills and a lack of good manners to communicate their intentions with Dr. Smith, before doing so.

Others respond appropriately by being proactive. Before taking any action or making a final decision, they contact our office to schedule a FREE Emergency Administrative Consultation with Dr. Smith. At this appointment, they will receive other options available at a lower financial investment. Other options often allow them to meet their emergency or unexpected financial situation and sustain our services, so they may continue their therapeutic program at a lower financial investment having been adjusted to help the body through the transition with as little adverse affect on the healing that is currently in process, and help the body continue in the direction of supporting in order of priority. This may mean adjusting their program to support 1-2, instead of 4-5 priorities, which makes it easier for the client to stay the course, come what may.

We are willing to work with our clients, no matter what their situation, to avoid their stopping their healing progress, because:

- since starting our businesses, in 1981, we have observed that not only is Health the #1 Priority in the life of every human being, one of the important times when a healing program is most needed is in the times of stress. Financial stress is one of the highest stressors human's have in life today.
- we want to show our support for client's determination to stay the course with their original goal to improve their health.
- we appreciate their business and have a high respect for the investment they have made, to date, in their time, effort and finance, so we are equally committed to help our clients reach their health goals, no matter what may occur along the way.

So rather than stopping their healing momentum by discontinuing our services, which is like throwing the baby out with the bathwater, as they say, we have "Special" Financial Plans or options that can help our clients reduce their financial investment in our services and their therapeutic supplement program, either temporarily or permanently, that will allow the client to continue to heal and meet their "emergency" or unexpected change in their financial status.



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HORSE FINANCIAL PLAN

Clients who present themselves with medically-diagnosed, terminal diseases, such as cancer, require the clinical nutrition support of a Therapeutic Supplement Horse Financial Plan, which is the fastest plan for cellular and tissue regeneration.

There is no dollar amount assigned to a Horse Financial Plan, other than to say that it will be more than a Rabbit Financial Plan for a time, until significant improvement has been attained to reduce their Therapeutic Supplement Financial Plan to a Rabbit, Squirrel or Turtle Financial Plan. A Horse Plan is “ideally” what is required to attain the goal of health restoration as fast as is humanly possible.

Clients requiring a Horse Financial Plan must value and desire “life” and be willing to do whatever it takes to grow new, healthy cells as quickly as humanly possible, no matter what the financial investment. In these cases, finances may be required for out-of-pocket medical expenses, which may also include the expenses of Home Health Services, however, the more they invest in our services, the less medical expenses they will have. Hindsight always shows that when comparing financial investment in medicine to our nutritional services, this is like comparing the height of the tallest building in the U.S. to a two-story walk-up. However, even a two-story walk-up can be financially challenging to some. Therefore, clients in this situation, may have to find outside financial support and be willing to do what it takes financially and in time and effort, to heal at the fastest rate possible for cellular repair, healing and regeneration to save their life.

When a client approaches us with this attitude and determination, we know they “truly” want to live. Some people say they want to live because people expect them to say this, but they truly do not want to live. For those who do, we will match their determination to give them every possible advantage to heal and restore health as is possible.

THERE ARE NO INCURABLE DISEASES. HOWEVER, THERE ARE INCURABLE PATIENTS

Remember that when a physician diagnoses a disease as being incurable, what this means is that drugs and/or surgery will not cure the disease. When a physician says, ‘there is nothing more than can be done to help their disease,’ this just means there is nothing more than drugs or surgery can do for them.

Diseases, even terminal diseases, are actually a process of “degeneration” that is caused from long-term cellular and tissue malnutrition and toxicity. This process of degeneration has existed internally for many, many years, even decades upon decades, before symptoms appear that motivate a person to seek medical attention.



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The cure of degeneration is regeneration. Regeneration is providing what the body needs to correct malnutrition and toxicity so that the body's own innate healing response can cure itself by growing new, healthy cells and tissue. All Diseases are caused by the client's own lifestyle and exposures, with a very minimal cause attributed to hereditary or accidental injury. Lifestyle includes what they eat and drink (or don't eat and drink), affects of insufficient or excessive exercise in relationship to fuel intake (food and water intake to replenish nutrients used for exercise), exposures to toxic substances in their air, food and water, and stressors, such as mental, emotional, physical and electro-magnetic fields, in addition to, the adverse affects each of these lifestyle factors have on their nutritional biochemistry and metabolic processes.

Therefore, to assist the body in healing itself of any disease, even terminal diseases, requires correcting these lifestyle causes and their adverse affects on nutritional biochemistry to regenerate new, healthy cells and tissue, as rapidly as possible. This provides the best opportunity for the client to heal their mind and body, no matter what the diagnosis.

Medical and nutritional records are full of cases where people have invested the time, energy and finances required to assist their body in healing and thus, have lived many, many years after receiving a terminal diagnosis, before dying, and/or may still be living. So just because drugs and surgery cannot cure a disease, even terminal diseases, this does not mean that there is no hope.

Even in cases, where it was too late to regenerate a significant or sufficient number of new, healthy cells to heal their body and prevent death, those who applied the principles of nutritional biochemistry to heal and regenerated as many cells as was possible, did extend their time on earth, beyond what was thought medically possible. Additionally, when they died, they did so with a quality of life and human dignity that is rarely experienced when only drugs and surgery are used in terminal cases. To be in a hospital bed either unconscious or too constricted by all the medical tubes and wiring to be able to say good-bye to loved ones or to die alone is not dying with quality of life and human dignity.

So no matter what the ultimate outcome for the patient, everything improves when you add clinical nutrition and naturopathic therapy to any other treatment, and often, this is the only therapy that is really needed because it is a foundational therapy.

Richard is an example of this. Go to "Ask Dr. Donna" blog - www.DrDonnaSmith.blogspot.com to read the details about Richard. He was dismissed from the hospital in an almost comatose state, yet because his family integrated our clinical nutrition services, he was able to extend his life weeks after the date his physician told his family he would die and he died alert, functional and able to say his final good-byes.



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CONCLUSION

Our goal, for clients who are serious about improving their health and staying healthy for the rest of their lives, is to do all we can to work with them and design programs that best fits their financial ability, desired or special healing pace and to permanently change unhealthy lifestyle and dietary practices.

We accept and work with clients who are sincere about improving their health, no matter what their standard of health and financial status. A client's standard of health may be to improve the health challenges that bother them the most or stay the course to attain optimal health so they may truly become and stay healthy for the rest of their life. At the very least, the cost of going to or renting a movie and a beverage will cover a 30-day supply of our multiple vitamin, so we know, finances is never a reason for not giving priority attention to the #1 Priority in the life of all humans, i.e., their Health.

What To Do Next:

After reading this article, new clients are asked to please indicate at the bottom of page one of the **Client Information** form, which Therapeutic Supplement Financial Plan (Rabbit, Squirrel or Turtle) they have selected, as well as, whether they want to “tweak their plan” for a few dollars more, if during the design of their program, tweaking would allow them to work on one more area of priority. In other words, tweaking their plan by another \$5 or less, or \$10 or less or they may indicate N/A for not applicable. Selecting N/A means to stay at the maximum limit of the selected Financial Plan, or less, i.e., do not tweak my plan.

The **Client Information** form is one of the initial **Health and Symptoms History Questionnaires** new clients complete for their Initial Assessment. This article accompanies the initial questionnaires, whether provided by fax, e-mail or U.S. mail.

Welcome to Advanced Clinical Nutrition!