

WHAT'S HAPPENING

YMCA'S YOUTH SUMMER CAMPS & SPORTS REGISTRATION
FEB. 13, registration opens for public spring sports. Information on the YMCA website: <http://bit.ly/3kgzlSp>.

COLORADO BALLET PRESENTS "LADY OF THE CAMELLIAS"
FEB. 3-12 at the Ellie Caulkins Opera House. For performance dates and times visit Coloradoballet.org or call Patron Services at 303-837-8888 ext. 2.

GALA OF THE COLORADO AUTHORS' HALL OF FAME NOMINATIONS OPEN
NOW-FEB. 28. Only 12 authors will be nominated this year for induction. To make a nomination go to www.ColoradoAuthorsHallofFame.org and click on the Nominate tag. The next induction will be held Sept. 16, 2023 at the Doubletree Hilton Denver Tech Center in Greenwood Village.

SOUTH SUBURBAN PARKS & RECREATION HOLIDAY EVENTS
Feb. 10 5-8 p.m. Goodson Rec. Center. For ages 3-12 for movie nights. Bring your blanket. Popcorn & pizza served. Info: 303-483-7014

MAYORS & COMMISSIONERS YOUTH AWARDS NOMINATIONS OPEN
Deadline: **MARCH 3**. A scholarship program for exceptional high school seniors. Visit arapahoegov.



Colorado Statewide Classified Advertising Network

To place a 25-word COSCAN Network ad in 91 Colorado newspapers for only \$300, contact The Villager at 303-773-8313

DIRECTV	PORTABLE OXYGEN
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AMERIGLIDE	HAPPY JACK
Don't let the stairs limit your mobility! Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-877-418-1883	Use Happy Jack ® mange medicine to treat horse mane dandruff and lice. At Tractor Supply ® www.fleabeacon.com

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FRIENDS NEED NURSES and NURSES NEED FRIENDS!
The Friends of Nursing will be awarding 90 THOUSAND DOLLARS in scholarships at their Annual Spring Luncheon, **APRIL 22** at the Columbine Country Club. Scholars from Colorado's nine Schools of Nursing will be the recipients. Invitations for the spring event

at 17 Fairway Lane in Littleton will be mailed in March.

"WHAT'S NEW?"
The Robert and Judi Newman Center for the Performing Arts is pleased to announce it has been approved by the National Endowment for the Arts to receive a Grant for Arts Projects award of \$20,000. The grand will support the Newman Center's 20th anniversary.

The Role of the Board-Certified Clinical Nutritionists

Continued from page 13

(PGSCN requirement may be waived as these degrees include its core science and nutrition courses.)

3. Advanced Professional Degree in a Licensed Healthcare Field, such as an M.D., D.O., D.C., N.D., etc., PLUS the PGSCN program.

The PGSCN program includes 56 additional hours of core science and nutrition courses, such as Anatomy & Physiology, Human Biology, Chemistry, Biochemistry (pre-requisite Organic Chemistry), Microbiology, Nutrition I & II Introduction, Nutrition & Disease, Nutrition & Supplementation, Nutrition Assessment, Herbology, Nutrition Counseling Strategies and Nutrition & Aging.

The C.N.C.B. renewal criteria include Continuing Education Units (CEU) like the board certifications, licensing or registrations of other healthcare professions, however, unlike other professions, the C.N.C.B. also requires re-ex-

amination every five years, i.e., we prove to the public by "re-examination" that C.C.N.s stay "up-to-date" in clinical nutrition and related research.

I wrote Part 3 to help you recognize Board-Certified Clinical Nutritionists (C.C.N.), the healthcare professionals qualified to test your biochemistry and scientifically identify the specific therapeutic and maintenance whole food/plant-based supplements and dietary plans, your unique body requires to restore and maintain health, as well as prevent the degenerative diseases your biochemistry is currently in the "process" of developing, whether symptomatic or not. Are you already in the Disease Stage with one or more medically-diagnosed diseases? Remember: Correcting the preceding stages is still the key to health restoration, no matter what stage you are in.

In Part 1, I wrote 'the enlightened public continues to voice a

strong preference for the right to take responsibility for their own health.' I totally agree!! Another sign of this, in addition to those listed in Part 1, is the ongoing increase in the number of self-treating consumers purchasing supplements from online or over-the-counter stores.

However, for self-treating to be effective, you must contact a C.C.N. to be tested for what your body actually needs. Otherwise, self-treating from purchases based on your symptoms ("guessing" instead of "testing") is not being responsible, it just leads to more and more disease-preceding stages. (These stages are outlined in Part 1).

To schedule an appointment with a C.C.N., please call me at (940) 761-4045, register for a Free First Consultation at my website, www.AdvancedClinicalNutrition.com, OR call (972) 407-9089 (IAACN.org) to locate a C.C.N. near you.

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Edie Marks CRS, GRI

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