



Advanced
CLINICAL
Nutrition

WWW.ADVANCEDCLINICALNUTRITION.COM

(940) 761-4045

Dr. Donna F. Smith

INITIAL CONSULTATION

30 or 60 Minute Consultation Fee Includes:

1. Time at the beginning of this appointment for you to share information about the five major health challenges or concern that you feel require immediate attention. Please share them in the order of priority, i.e., the #1 most severe health challenge or most important health concern to the 2nd most severe, etc.
2. A Scientific Nutritional Evaluation of your current symptoms in the 10 Biological areas of their body and their subsystems, evaluating between 24 & 26 areas of the body, depending upon your gender. This is called the **“Health Appraisal Comprehensive (HAC) Report”** and is based on the scientific research from Cornell University. The questions you answer on its questionnaire indicate that the research behind that question applies to you. This report will be emailed to you at least two hours prior to appointment.
3. Dr. Smith’s professional input regarding causes for your current health challenges and concerns and an “initial” therapeutic supplement program will be designed and/or testing your biochemistry will be discussed if more information is required to get started in Clinical Nutrition Therapy.
4. The purpose for the specific whole food therapeutic supplements you will initially require will be explained. These provide daily nutritional requirements at a cellular level so your body may begin to heal itself of the causes of your current symptoms.
5. Your initial therapeutic whole food supplement program, which will be designed based on either the healing pace you desire to improve your health OR the financial investment you choose for your monthly supplement program, whichever you prefer. Dr. Smith goal is to design a program you can afford. If at the end of the initial consultation, you are ready to get started in your Clinical Nutrition Therapy, you can pay for these supplements so they can arrive at your home within 2-3 days of payment.
6. Dietary Guidelines - simple, yet effective will be provided or Dr. Smith will be glad to answer a few key dietary questions.
7. To design a overall Plan Of Action that will help you attain your health goals, which may include a Clinical Nutrition Analysis of the Laboratory Reports from testing your biochemistry (blood, urine, hair, saliva and/or stool) and fees for this service will be shared..

DIFFERENCE BETWEEN THE 30- AND 60-MINUTE CONSULTATION

The same Goals listed above apply to both the 30- and 60-minute telephone consultation; however, in the 60 minute consultation, more of each of these items is provided. Ex: a 60 minute consultation will provide more dietary guidelines than a 30 minute. With 60 minutes, Dr. Smith will be able to provide more information about more areas of your body that concern you, and 60 minutes allows for more information about causes and solutions regarding your current health challenges. Where a 30-minute consultation allows time for covering your #1 Top Priority #1 Health Challenge (maybe #2, also), 60 minutes allows time for 3 or more priorities.

If you have paid for a 30 minute consultation; however, after reading the above information you would like to upgrade to a 60-minute consultation, please call as soon as possible.

(Once paid No Refund or Return on Consultation Fees, Analysis Fees, Lab Kits or Supplements /Products Affected by Temperature)