

SKIN TARGET SCHEDULE

AM = Upon Rising to 12 Noon; PM = 12 noon and 5 p.m.

After 7 p.m. follow instructions for Medi-Body Bath & Castor-Oil Packs

NAME: _____

DATE: _____

PAGE: _____

Time	Day _____ Date:	FLUID	V A C	G V 20	C O	C O I	Day _____ Date:	FLUID	V A C	G V 20	C O	C O I
AM & PM												
Repack Date												

*A ZigZag Line indicates "Breaks" Between Mineral Packing after completing a series of related areas that must be sequentially packed.

Time	Day _____ Date:	FLUID	V A C	G V 20	C O	C O I	Day _____ Date:	FLUID	V A C	G V 20	C O	C O I
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AM & PM												
Repack Date												

Abbreviations: L=Left, R=Right, B=Back, M=Middle, F=Forehead, Bo=Bottom, T=Top, Kid=Kidney, LgInt=Large Intestines or A-Colon, T-Colon, D-Colon, Vac=Vaccination, Hyst=Hysterectomy Scar, GB=Gall Bladder Scar, EPI=Episiotomy, Sh=Shoulder. Note: A check in the GV-20 column means you will pack the target skin area on the AM/PM Row and at the same time GV-20, i.e., a 2-inch diameter at the very Top of Head. CO = Castor-Oil Pack & COI = Castor-Oil Immune Pack. Fluid refers Scar Detoxification Supply List regarding Fluid A, B, C, D, E, and/or F. *Note: You may begin with the first area (target site) of the body listed on AM/PM and continue each day until you have finished the last site, which is preferred, or you may schedule breaks in between a specific series of skin target sites. A Zig Zag Horizontal line indicates where you may take a break.

frm43.TargetSkinSchedule.docx 06190R082411

Number of Applications: _____ Number of Days/Medi-Baths: _____ / 2 = _____ Baths.

SKIN TARGET SCHEDULE (continued)

AM (Upon Rising to 12 Noon); PM (Noon to 5 p.m.)

NAME: _____

DATE: _____

PAGE: _____

Time	Day _____ Date:	FLUID	V A C	G V 20	C O	C O I		Day _____ Date:	FLUID	V A C	G V 20	C O	C O I	
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