



Since 1981

Advanced Clinical Nutrition

4202 Picasso Drive
Wichita Falls, TX 76308
(940) 761-4045 Office

Dr. Donna F. Smith

Ph.D. in Clinical Nutrition
Naturopathic Doctor (N.D.)
Board Certified Clinical Nutritionist (C.C.N.)
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Welcome to Advanced Clinical Nutrition!

We are delighted to welcome you aboard as a new client. Within 3-6 weeks after starting your Clinical Nutrition Therapeutic Program, we are confident that you will be experiencing improved health just as each client has before you. In addition to welcoming you, this letter provides some additional information that is important for you to know in regard to processing your Initial Assessment, starting your Clinical Nutrition Therapy and relating to and communicating with our office.

We Are More Than Just Business

Though **AdvancedClinicalNutrition.com** is a business, we want you to know that this is also our ministry (or mission) in life, which is to serve others by helping them improve their health and stay healthy for the rest of their lives. By doing so we fulfill our mission which is best spoken by Winston Churchill in 1943, **“Healthy Citizens are the greatest asset any country can have”** and the Bible, **“Our body is the temple of the Holy Spirit.”** 1 Corinthians 6:19.

We show respect for God’s gift when we learn and adhere to the Laws of Health (biological, biochemical and bioelectrical laws, etc.) He established to govern the healthy (homeostasis) function of the human body. How often does the Bible remind us to keep God’s Laws and Covenants?

Exodus 18:20 (KJV) states: ²⁰**And thou shalt teach them ordinances and laws, and shalt shew them the way wherein they must walk, and the work that they must do.** Most interpret His Laws in respect to Laws for living and relating to one another, like “though shalt not steal or kill.” However, by His Word, God did not segregate His Laws, He wants us to understand and adhere to all His Laws, those that govern within, as well as without. When we do, we live a healthy, peaceful and harmonious life. However, when we are ignorant (uneducated in His Laws), neglectful, rebellious or ignore adhering to His Laws of Health, we create our own illnesses, diseases, injuries, even premature death.

My mission in life is to teach His Laws of Health and use God’s healing methods to help others heal. How does God want us to treat what ails the body?

- ²For one believeth that he may eat all things: another, **who is weak, eateth herbs.** Romans 14:2 (KJV)
- **... leaf** thereof for medicine. Ezekiel 47:12 (KJV)
- **herb** for the service of man: that he may bring forth **food** out of the earth. Psalms 104:14 (KJV)

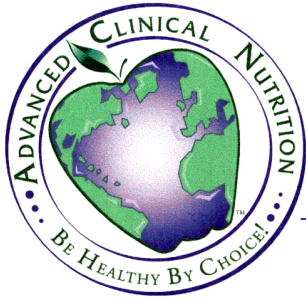
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We use foods and “therapeutic” herbs, homeopathics and whole food supplements (God’s Medicine) to restore and then maintain health. Therefore, my long-range goal is to help you now and be your doctor for the rest of your life to help you, as needed, with your goal of caring for your body as God intended. In other words, to help you with the adverse affects from exposures outside your control, such as air pollution. We can use air purifiers indoors, however, we have no control over the outside air we breathe.

Lab Kits and Blood Chemistry Lab Requisition

Within the next five-seven (5-7) working days, you will be receiving your **Lab Kits and/or Lab Requisition** to have your blood drawn, whichever applies to the tests for your Initial Assessment. **Step 4 will explain what to do with the Lab Kits and Blood Chemistry Lab Requisition when they arrive and provide special instructions for completing Health and Symptoms History Questionnaires in Steps 8-10.**

Calling Our Office in an Emergency

Please note that we answer our telephone only during business hours. Business hours are posted on our website on the “**Contact/About Us**” web page for all time zones. Should you call our office before or after business hours, you are welcomed to leave a Voicemail and we will endeavor to return your call as soon possible during the next upcoming hours of business.

However, should you have a Nutritional Emergency on any day or time outside our business hours, please call and let the phone ring once, then call again. This will be your signal to us that you have an emergency and if we are present, we will pick up on the second call or call you right back. If your call is not picked up or returned after the second call, please leave the date/time of your call, the details of your emergency and phone number to call you. Then upon returning, Dr. Smith will call you. Please use this system of calling only when you are not feeling well and for no other reason.

What Is A Nutritional Emergency?

- any symptom(s) that surfaces unexpectedly,
- any symptom(s) that was gone, then suddenly resurface or
- if any current symptoms become more intense or frequent.
- Examples of these symptoms are listed in **Step #13 - “Free and Fee-Based Email and Telephone Consultations”** under Nutritional Emergency Consultations.

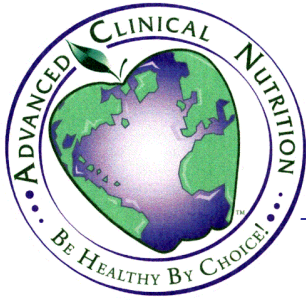
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If these symptoms are tolerable, please contact us during our business hours and if we are closed, call as soon as we are open. However, if they are intolerable, call immediately. If this means calling during our off hours, please use the 2-ring system above, any time or day. Please contact us at the “onset,” which means **either the moment symptom begins, within a few hours or the same day, even if this is a weekend.** **The longer you wait, the worse they become and the more time, energy or money it will take to help your body heal.**

Please do not consider that you are intruding or bothering us. Once you begin to feel better on your Clinical Nutrition Program and have completed your “**Updating Your Medicine Chest to a Health Chest**” telephone consultation, you will experience fewer emergencies, will have on hand what you need for all nutritional emergencies and know exactly what to do.

Should you call during our business hours and both lines are busy, your call will go to Voice Mail. Recording a message is at your discretion, however, please keep calling until the lines are open when you have a nutritional emergency.

Of course, if you have a true medical emergency, call your physician or go to the nearest Hospital Emergency Room and contact us as soon as you are dismissed. A medical emergency is:

- Bleeding uncontrollably
- Broken bone
- Pain that scares you.
- A need for suturing skin.

Questions? Clarification?

If you have any questions regarding the contents of this letter, please call immediately. Please do not email questions as this will cause delays in getting the immediate attention you need in a nutritional emergency and regarding your Lab Kits/Blood Chemistry Lab Requisition, delays in processing your Initial Assessment, which means a delay in starting your Clinical Nutrition Program.

Again, Welcome Aboard. We are looking forward to serving you.

Warm Regards,

Dr. Donna F. Smith

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